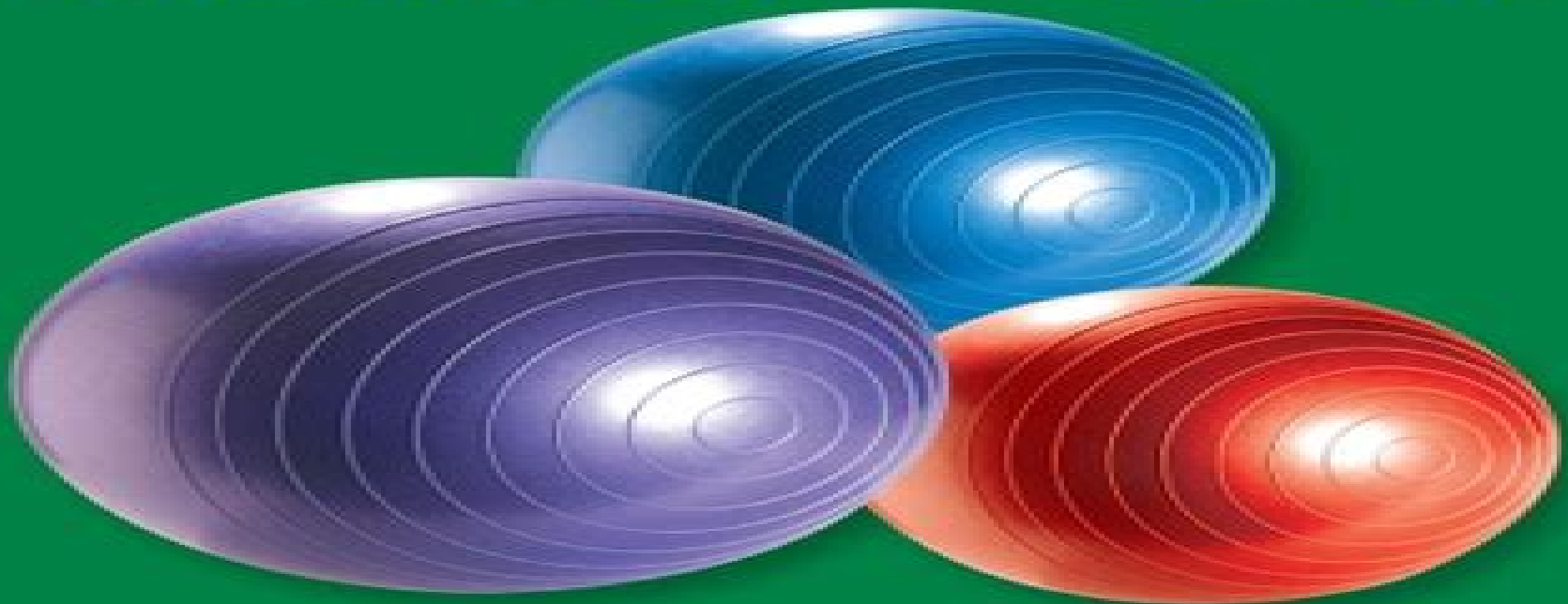


The Great Body Ball Handbook

*Includes a
Stretching
Section*



**The Quick Reference Guide to
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Great Body Ball Handbook The Quick Reference Guide To Body Ball Exercises

RD Boyd



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