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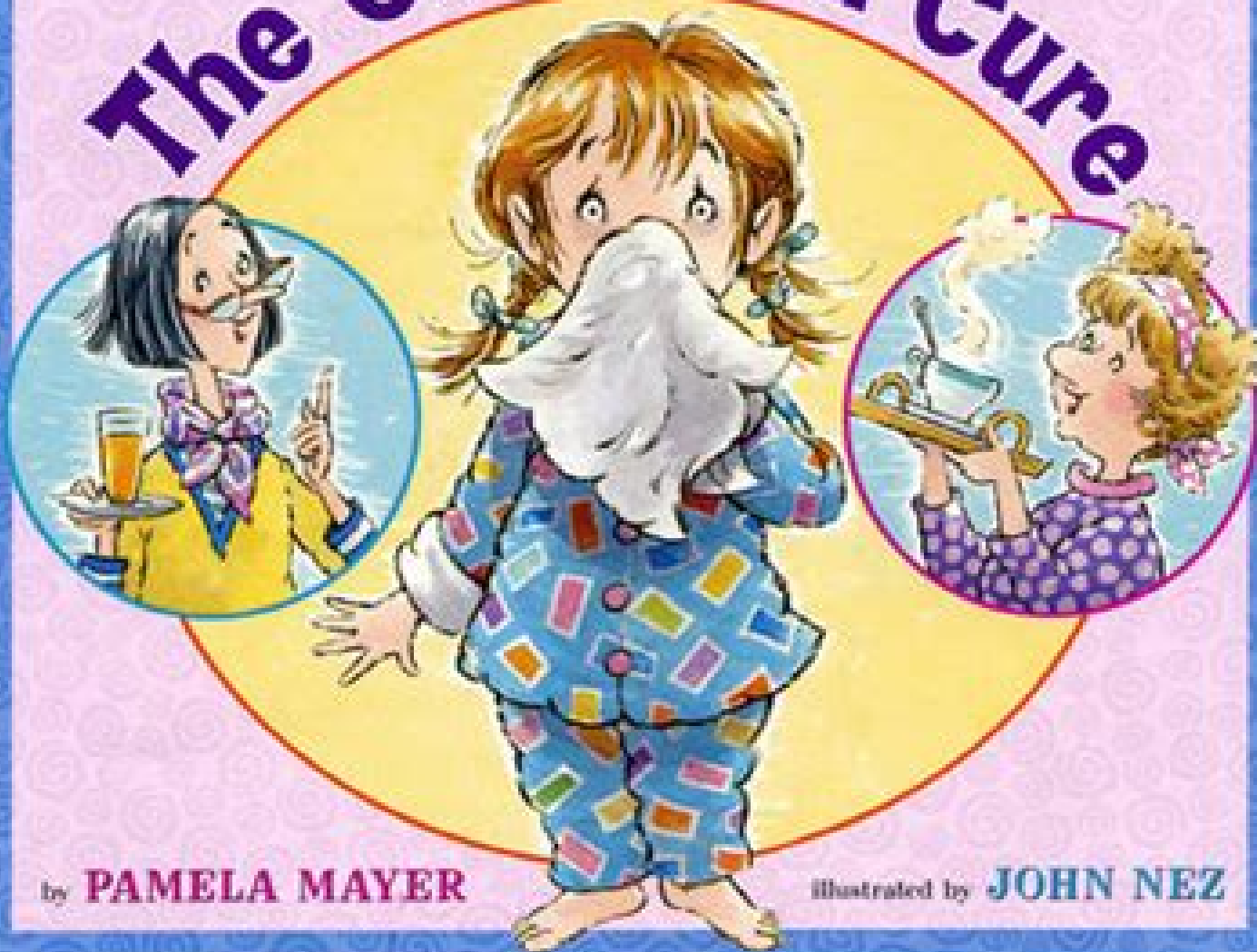


The Grandma Cure



DUTTON

The Grandma Cure



by **PAMELA MAYER**

illustrated by **JOHN NEZ**

Grandma Cure

John Davidson



Grandma Cure:

Grandma's Natural Remedies And Ancient Recipes - How to cure a common cold and other health related remedies John Davidson,2013-05-15 Grandma s Natural Remedies And Ancient Recipes How to cure a common cold and other health related remedies Table of contents Introduction Grandma s rules For Simple Living Grandma s easy Health Remedies Wake up energy drink Benefits of the Neem Curing a cold Tasty Cold Whisky Remedy Butter Cold Syrup Gingered Lemon Drink Mustard Bath Powder Hot and Cold Water Remedy Traditional Golden Chicken Soup Remedy The Way Grandma Made It Time tested Chest Rub Vaseline Camphor Remedy Effective remedy for Catarrh Antiseptic Way To Clear Catarrh Amazing hay fever remedy Sore throats Hoarseness recipe for children Hoarseness recipe for adults Grandma s Natural Cure for Obesity Diet program Conclusion and some general gossip Introduction In volume 3 of Grandma s Natural Remedies And Ancient Recipes you are going to get to know more about a number of different fruits and vegetables which are going to enhance your health and allow you to live long and prosper These natural remedies have come down through word of mouth from grandmother to granddaughter down the millenniums in almost all the ancient civilizations when it was the responsibility of the female of the family to make sure that her family kept healthy and survived in the times when superstition and bad hygiene was rife This is the reason why so many ancient remedies and herbal recipes were used on a day to day basis by grandma and these volumes comprise of a collection of the wisdom of the ages for all those people who believe in the power of nature to cure ailments from the root instead of looking for chemical based drugs to help cure them Remember that those were the days when ignorance was also rife and many quacks came up with nostrums potions and brews One can read about the most famous of them all the witches brew in MacBeth Grandma is not going to be putting eyes of newt and tongues of frogs in her remedies but is going to tell us about how simple fruit juices and spices can heal and cure common remedies Grandma knew all about how to remain beautiful even when she was in her 80s and 90s That is because she used the wisdom of ages passed down to her in simple rules of living Keep your family healthy the natural way *The Magic of Walnuts - Walnuts for Natural Cures And Good Health* Dueep J. Singh,John Davidson,2015-01-08 The Magic of Walnuts Walnuts for Natural Cures And Good Health Table of Contents Introduction Most popular Walnut Cultivars Growing Walnuts Harvesting Storing Walnuts Nutritive Value of Walnuts Walnut Granola Walnuts to Cure You Walnuts for Constipation Pain in Joints Traditional Toothpaste Out Of Walnuts Walnuts for Improving Your Memory Natural Walnut Tune up Tonic Walnuts for Skincare Walnuts for Chest Infections Precautions and Possible Side Effects Conclusion Author Bio Publisher Introduction Since ancient times walnuts have been among the most popular and also the most expensive of dried fruits available to mankind If you found yourself in ancient China and happened to be a member of the court of the Emperor you would show your status by holding a pair of perfectly and symmetrically shaped walnuts They would be large in size and would be moved around on your palms while you discuss weighty political matters with the rest of your peers They would

also be rotating and pressing walnuts while arguing the point with you The ancient Chinese considered these walnuts pressing their palms to be aids in acupuncture especially when this pressure promoted the circulation of blood If you are in ancient Rome and were in Julius Caesar s circle you could perhaps see one of his slaves using red hot walnut shells as a rather painful depilatory in order to keep Caesar s skin smooth and hairless Even today in many parts of the world burnt and powdered walnut shells are used as a scrub to prevent growth of hair A traditional and very politically incorrect old Irish saying says a dog a woman a Walnut tree the more you beat them the better they be That is definitely not true because I could not see anybody beating a Walnut tree though I have been witness to animals and human beings being treated to violence often and all over the world If you were a friend of Leonardo da Vinci in medieval times it is possible that you may have seen him doing some of his drawings with an ink made up of black walnut husks Many of these drawings still survive today Robin Hood in his mythological adventures always disguised himself by staining his skin with walnut juice obtained from crushed walnuts and walnut husks This dye was brown in color and was used for dyeing hair by the ancient Greeks and Romans

Grandma's Frugal Meals - Easy tips, techniques and old-time dishes for healthy eating Dueep J. Singh, John Davidson, 2015-01-10 Grandma s Frugal Meals Easy tips techniques and old time dishes for healthy eating Table of Contents Introduction Grandma s Tips for Food Substitutions How to Make Perfect Yogurt Meat Choosing the right meat To Buy Storing Meat Baked Meat Patties Meat patty Variations How to Cure Your Own Hams Other Food Found Outdoors Rhubarb Jelly Sassafras Jelly Dandelion Greens Luncheon Corn Making Traditional Cornpone Corn Cakes Vegetables How to Store Vegetables Preparing Vegetables for Cooking Steaming Vegetables Meat Cooking Frozen Vegetables Cooking Canned Vegetables How to Prepare Salads Tossed Salads Cole Slaw Coleslaw Dressing What Is Salad Dressing Potato Salad Potato Salad Dressing Traditional Mayonnaise Conclusion Author Bio Publisher Introduction Knowing what to cook was as important as knowing how to cook for grandma She also learned how to make the best of whatever was in front of her from her grandmother and so on for centuries Millenniums ago her ancestors when gathering in the woods for herbs and vegetables while the menfolk of the family trapped and hunted for meat game and anything else edible and delicious It was then grandma s many times great grandmother s job to make all these ingredients into something delicious and healthy as well as palatable and nourishing So she used her instinct and her creativity to make delicacies with the ingredients available at hand Although science fiction already has stories about scientists making complete little nutritional packages in the shape of pills that are going to take the shape of food in the coming centuries we are very fortunate that we do not have to face that sort of blandness in our meals today We still have the good fortune of going to the nearest market or the nearest organic garden and collecting fresh greens as well as herbs We have plenty of fresh meat at hand And best of all we have all the ingredients to make good wholesome food We only hope judging by the pleasure most of us get from eating the preparation cooking and serving of this nutritious food is going to be a human activity which is going to be around for a long time But most of us

cannot afford to have some of the more exotic ingredients of which we dream Either they are not available to us in our city Or perhaps they are beyond our budget Unfortunately for a large percentage of people all over the world budget constraints are the reason why they have to make do with makeshift meals instead of eating what nature intended for them good wholesome natural ingredients Grandma was a frugal person She lived in a time when the dollars earned by grandpa had to be stretched in such a manner that the whole family could be fed and fed well Times changed and times of prosperity came along and the eating habits of the whole family changed Instead of two or three healthy meals in a day there was food aplenty and the whole family could now afford to eat whatever they wanted whenever they wanted and in large quantities This naturally gave rise to problems including obesity Also by not regulating the meal intake as well as the quality of the meals the quality of the general health of grandma s children deteriorated as time went by However the circle of financial constraints has gone and come around again and the time for tightening belts and looking at our budgets has become the top priority A majority of us all over the world again are looking for ways and means in which we can get the proper nutrition in the form of proteins vitamins minerals and energy which our bodies required to keep functioning in a healthy manner Grandma's Remedies - Old Time Remedies Health Research,1997-10 *Grandma's Remedies* Cherry Chappell,2009-11-10 Long before modern medicines became so widely available families treated everyday illnesses with home made remedies Reused and refined year after year they were handed down through the generations then lovingly copied into personal receipt books Grandma s Remedies brings together a beguiling collection of them gathered from dusty medicine chests found in attics recalled from childhoods long past or discovered in family archives and libraries Many of them are surprisingly effective Did you know for example that drinking two cups of strong black coffee will alleviate an asthma attack Or that chewing toasted fennel seeds will help combat indigestion Or that rosehip syrup is a terrific source of vitamin C But Grandma s Remedies is more than a guide to these traditional treatments it also paints a vivid portrait of the world of our grandparents and great grandparents It shows how inventive and resourceful they were with the materials near to hand how they made the most of everything in the store cupboard from bread through to vinegar and how it was the women of the household who despite being barred from the medical profession were relied on to safeguard family health In these days of antibiotics and painkillers it s easy to forget how people survived when all they had to rely on was a garden a larder and a healthy dose of common sense Adventures in Thackerville Steven R. Thacker,2011-11-04 *Adventures in Thackerville* will carry you your children and your grandchildren to the wonders of Gods little miracles and the joyfulness of childhood in a refreshing new way Experiences include a beloved quote that it is never right to do wrong and never wrong to do right Written from individual experiences of his or of his children or a friend of the family each account could be read as a bedtime story or they could be read by the children themselves The Author has inserted his children and grandchildrens names to personalize each story Other names mentioned are his grandma siblings two cousins an uncle and some family pets It is the desire and prayer

of the Author that these stories will be significantly used of God to stir the hearts of children and adults alike

Grandma's

Natural Remedies and Ancient Herbal Recipes John Davidson, 2013-05-15

Grandma's Natural Remedies and Ancient Herbal Recipes Table of Contents Introduction Grandma's Herbal Decoctions Cough Cold Cure Cramps and Joint Pain Banana diet Neem Remedy Lemon Remedy Fenugreek Cure Fenugreek Poultice Fenugreek Potato Recipe Tomato Tip Rheumatic Pain Massage oil for Rheumatism Basil Toothpaste for Keeping Your Teeth Healthy Constipation Remedy Gulqand Rose Jam How to Collect Wild Rose Petals When Is This Jam Normally Made Slow Sun Method Fungal Infections in Nails Eczema Honey and Onion Mix Hiccup Cure Conclusion Appendix Making Desi Ghee Author Bio Introduction Grandma was a great believer in natural remedies and cures She knew that herbs and other plant products were amazingly efficient and effective in getting rid of minor ailments which would be the lot and portion of her large family That is why she used all those nostrums infusions decoctions and other herbal products which had been passed on to her by her grandma and so on down the ages So here is another collection of grandma's natural remedies and ancient herbal recipes to keep you healthy as well as beautiful All these products are easily available right in your garden or in your kitchen Best of all they have no aftereffects and they have no side effects That is because all these products are completely hundred percent natural Why are so many people going back to natural remedies and ancient herbal recipes in the 21st century That is because they have found that chemical based drugs and medicines have a short term effect They may also come accompanied with toxic effects and side effects So you are going to find yourself suffering from these long term aftereffects However that is definitely not the case when you are taking natural remedies which have been made with hundred percent natural products And that is what grandma did She gathered all the natural products available in her garden or easily available in the woods when she went rambling out gathering herbs and brought them home These were then used to cure a number of ailments Some of them seem rather drastic but you need to remember that grandma was more of an experimenter She knew that there was one product in these herbal combinations which did all the magic The rest were just filling

Grandma's Natural Remedies and Ancient Herbal Beauty Recipes Volume 1

John Davidson, 2013-05-15

Grandma's Natural Remedies and Ancient Herbal Beauty Recipes Table of Contents Introduction Monday's Child Is Fair of Face The Healing Power of Infused Oil Remedies for winter Chilblains Sciatica Stiff Joints Quit your Bellyachin Simple Perfumed Ointments Natural Cures For Summer Ailments Appendix Introduction A couple of years ago somebody asked me what made me so interested in herbal remedies and natural cures as well as natural beauty recipes That is when I told him that the wisdom of the ancients had not been garnered together and would be lost as the generations forgot about asking their old wise ancestors the Lore which they knew So I was seven years old when I decided to myself that I needed to know everything about what my grandmother had learned from her grandmother And I started writing those ancient natural remedies and beauty recipes down More than three decades later I started writing books on natural remedies and natural herbal recipes which I collected whenever I went

around the countryside People used to go around looking at the places to visit I used to go around asking for the oldies of the village who would give me herbal remedies and recipes In around 30 years I collected thousands of these recipes which were and are still being used by villagers and townsfolk and which have been given to them down the ages And they work because all the ingredients are natural And also the genetic makeup of hard working people living in an unpolluted atmosphere helped in keeping them healthy So they did not have to go running to a doctor whenever they caught a sniffle They knew the easiest herbal tisane in which would put them straight in a couple of days Now I spent my childhood and youth in jungles as well as in remote areas in all corners of the compass where nobody believed in medicines and sometimes medical access for serious cases was able only through air lifting by a helicopter but everybody believed in the power of nature and her curative properties Also plenty of exercise a good and healthy diet and grandma s natural remedies kept us healthy and happy And the funny thing is that the only times we got sick with measles mumps and chickenpox was when we came down from the mountains to the cities and the towns during our annual vacations The moment we got back into the healthy atmosphere of the mountains with plenty of fresh air plenty of fruit and drink and plenty of opportunities to create lots of childish mischief and mayhem we were content and happy children again We never knew that there were medicines which you needed to pop to keep healthy Is not this the natural trend of the 21st century civilized person You have lost your faith in natural remedies to keep you healthy You would rather buy something expensive which is being endorsed by your favorite star I am certain she never uses that medicine herself because it is made up of chemicals These chemicals are going to have a harmful after effect on your body The first thing you do when you wake up is take some vitamins with your breakfast After that you take some vitamins or pills to pep you up Then you take the medicines prescribed to you by a doctor Count the times you take some sort of medicine in the shape of a pill vitamin and drug throughout the day And then can you believe someone who has not been to see a doctor for the last 30 years There are plenty of octogenarians in our area who believe in natural remedies and good diets to keep them healthy They are all grandpas and grandmas They do not coddle themselves with pills and medicines

Grandma`s Home Tips DR. RAJEEV SHARMA,2005 **A to Zoo** Rebecca L. Thomas,2018-06-21 Whether used for thematic story times program and curriculum planning readers advisory or collection development this updated edition of the well known companion makes finding the right picture books for your library a breeze Generations of savvy librarians and educators have relied on this detailed subject guide to children s picture books for all aspects of children s services and this new edition does not disappoint Covering more than 18 000 books published through 2017 it empowers users to identify current and classic titles on topics ranging from apples to zebras Organized simply with a subject guide that categorizes subjects by theme and topic and subject headings arranged alphabetically this reference applies more than 1 200 intuitive as opposed to formal catalog subject terms to children s picture books making it both a comprehensive and user friendly resource that is accessible to parents and teachers as well as librarians It can be used to identify titles to fill in gaps in

library collections to find books on particular topics for young readers to help teachers locate titles to support lessons or to design thematic programs and story times Title and illustrator indexes in addition to a bibliographic guide arranged alphabetically by author name further extend access to titles Grandma's Easy to Use Tips In the Kitchen and Outdoors John Davidson, 2013-05-15 Grandma's Easy to Use Tips In the Kitchen and Outdoors Volume 7 Table of Contents Introduction How To Fix Things In The Kitchen Kitchen Tips Getting Rid Of Onion Fumes Chewing Gum Chilling bottles Really Quickly Wooden Cloth Hanger And Magazine Rack Muffin Tray As Sauce Server Making Pasta Primavera superfast Cake Fallen Apart Forgot to Defrost The Butter All Right All Right the Soup Has Boiled over Over Salted Soup Mushy Vegetables Very Bland Dish Ran Out Of Bread Crumbs Jelly Turned Watery Emergency culinary Doctoring Items Instant Soup Gravy making When to Put in Spices Perpetual and Permanent Icepack Using Drinking Straws Effectively Reheating Leftovers in the Microwave Burnt Pies Too Spicy Main Dish Keeping Your Wine Cool Getting Rid of Wasps Getting Rid of Bottle Labels Sunburned Regulating Your Diet Resharpening Your Scissors Health Getting Rid of Pimples Chemical Reaction of Metals to Skin Bronchitis Radish Cure Herbal Tea for Colds Tooth Ache Cure For Those Suffering from Arthritis Get Rid of Chiggers Curing Tonsillitis Getting Rid of Vertigo or Migraine Preventing Burning Fat Spills In the Garden Get Rid of Aphids Sowing Small Seeds Uniformly Protecting Your Grape Crop from Birds Naphthalene Balls Remedy Getting Rid of Ants Basil and Mint Leaves Lavender Ant Repulser Stick Destroying an Ant Nest Mosquito Bites Tobacco Remedy Soda Bicarbonate Mint Toothpaste for Mosquito Bites Getting Rid of Cellulite Lemon Almond Oil Cream Olive Oil Cider Vinegar Lotion What Is Sisal You May Ask Ivy Leaves for Getting Rid of Cellulite Conclusion Author Bio Introduction Grandma was not only a good household manager taking care of her large family on a limited budget but she also needed to be a good cook and housekeeper That is why she used her experience and knowledge to make sure that she learned all the easiest shortcuts which would prevent her from throwing away items which were damaged including clothes food and other items around the house and garden Consider this damage control done by grandma Grandma was the first recycler Dresses were handed down from child to child and if there was no child of that particular age and that dress size it was handed over to another member of the family where the dress could be utilized through more years of wear and tear After the dress was torn to nearly rags and tatters she used the cloth for stuffing cushions and pillows or for patching other dresses This may sound extremely laughable to our world where there is plenty and we can throw away or just give away things when we think they are getting old but these were the ways in which household managers the females were brought up in the East and the West down the centuries Waste not want not was their motto So enjoy reading through these collected damage control tips and techniques which are going to help you keep healthy fit your house pest free and other techniques all brought to you down the ages and time tested Let us start with the kitchen The maximum number of accident sickness at home and the kitchen somehow seems to be the gunpoint Culinary mishaps take place all the time there But when they do there should be no need to panic There is

a solution to every problem if you do not fall into attitudes of hysteria and shock at every little disaster And I know a few men and women who enjoy what is known in the 20th century as creating So instead of acting like a prima donna Cordon Bleu chef you can follow something my grandmother said there are absolutely no problems there are only imaginative solutions Especially in matters of these things happening when you are entertaining How to Fix Things in the Kitchen How to Make \$500 This Weekend - Setting Up Shop as a Street Vendor Muhammad Naveed, John Davidson, Mendon Cottage Books, 2015-02-26 Table of Contents Introduction Advantages of Having a Road Vending Shop Selecting a Business for Roadside Vending Picking the Right Spot to Set Up Your Shop Choosing the Right Location is a Key Tourist Destinations Office Parks Sports Venues Empty Lots Conventions and Conferences Public Stations Shopping Malls College and University Campuses Opportunities can be varied from Business to Business Some Unfavorable Places for Road Vending Choosing a Best Place How Much to Charge Location Matters Don't Forget to Include Overheads in Pricing Strategies Think about Your Competitors Do You Need a License A Permit May be Required Don't Sign the Permit before Obtaining a Suitable Venue Read the Rules and Regulations Carefully How to Advertise Get the Attention of People by any Means Use the Right Material to Attract Buyers Discounts and Sales Attract Buyers Some Unique Ideas for Advertisement Payment Methods Try to Get Paid on the Spot as it is Most Likely that the Buyer will Never Come Back PayPal Can be a Perfect Alternative How to Set Up Shop at the County Fair or Swap Meet Weekend County Fairs and Swap Meets Choose a Fair that Attracts More People and Suits your Product Be Aware of the Rules Some Fees You May Incur Get Ready for a Competition Importance of Bookkeeping Bookkeeping is Simple Keep a Record of Your Earnings Record Keeping is Important You can Figure out the Best Place for Vending Professional Accountancy is not Essential Conclusion Author Bio Publisher Introduction Road vending has become a very popular concept in many cities and people are more often willing to frequent them in their quest for different products and services They offer quality products at good price ranges The amount of earnings from their operation can also be healthy and today more and more enlightened people are becoming interested in getting into the road vending business to earn profits for themselves This eBook offers instructions on to How to make 500 this weekend by setting up a shop on the road side road vending and we will be covering all of the aspects related to it Starting from the advantages location decision pricing decisions and advertising we will end at the importance of the legal bookkeeping requirements of the business It will include every major decision making process one should go through before setting up a shop This eBook will guide you and provide all the help you might need It will show you the whole picture of road vending with its exceptional advantages as well as easy going business and legal requirements *Simplify Your Life - How to De-Clutter Your Home and Life* Colvin Tonya Nyakundi, John Davidson, 2015-05-12 Introduction What Do You Have in Your Home What is going On in Your Life Why You Need to De Clutter Your Home and Life Getting Rid of the Clutter in Your Home Getting Rid of the Clutter in Your Life Conclusion Author Bio Publisher Introduction Do you feel like a lot is going on in your life and you don't know what to do Is

your home full of so much junk that you don't know where to begin. No need to worry about anything because you are not alone. Never imagine for even a second that everybody in the world is happy except you. Even that employee that looks very organized and hardworking could be having serious problems at home or in his personal life. You have to do something about all the clutter that has been accumulating in your home over the past few years. You also have to do something to improve your lifestyle and live happily. This book will help you understand yourself and know how you can get rid of all the stuff in your home. The book is also designed to help you manage your lifestyle and relationship with members of the opposite sex. After reading the book you'll know exactly what to do so as to have a better lifestyle and enjoyable relationships. Before you start decluttering you need to understand your home and everything in there. You also need to understand what is happening in your life. How big is your home? How many people can be comfortably accommodated in your home? How much stuff have you bought recently? How can you clean your home and get rid of the clutter in there? If you read this book you can rest assured that you'll have all the answers that you've been asking yourself about how to declutter your home and life.

Harper's Young People, 1880 **The Magic of Carrots To Cure and to Heal** John Davidson, 2013-05-15

The Magic of Carrots To Cure and to Heal Table of Contents Introduction Knowing More about Carrots How to Grow Carrots Mulching Traditional Compost Making Carrot harvest Carrots to Heal Digestive problems Indigestion Dyspepsia Camphor Cure Constipation Flatulence Amoebic Dysentery Diarrhea Salty buttermilk Digestive Cramps Traditional Mung Dal Khichri Increase of Spleen Carrot Pickles Gallbladder Problems Sal Ammoniac Remedy Jaundice Sugarcane Juice Remedy Watermelon remedy Tomato Juice Remedy Carrots in Traditional Cuisine Carrots Sherbet Traditional Carrot Halva Carrots Chutney Preserve Fresh Carrots Chutney Coconut Chicken with Cashew Nuts Basil and Carrots Moroccan Carrot Salad Refreshing Traditional Black Carrot Juice Kanjee Carrot and Orange Marmalade Traditional Carrot Cake Traditional Carrot Soup Creamed Carrots Carrots Glazed in Butter Conclusion Appendix Rose Water Desi Ghee Traditional Clarified Butter How to Make Coconut Cream And Coconut Milk Useful URLs Author Bio Introduction Knowing More about Carrots

If some wise man had not discovered carrots more than 3000 BC you would not see that wascally wabbit otherwise known as Bugs Bunny chewing on a carrot today. The combination of rabbits and carrots is about as taken for granted as is ham and eggs and salt and pepper. Carrots were grown in China and in Afghanistan more than 1100 years ago. China is of course the largest grower and exporter of carrots in the world today. The different varieties are yellow purple white and red even though we are so used to seeing orange carrots peeping out of the mouth of Bugs as Doc stalks him. If the carrot was white or yellowish in color we would think he was munching a horseradish. Carrots belong to the same family as other herbs like Parsley cumin dill and fennel. In fact in most countries the carrot greens are not discarded but they are dried and used as herbs in cooking. So the next time you decide to harvest carrots you do not throw away the tops. Instead dry them and try them out as dried herbs sprinkled on your soups. 77% of the carrot taproot is made up of Beta carotene. Apart from that It Is Rich in Vitamin A. Are

carrots really good for eyesight When I heard a friend talking to her child to eat more carrots because that would improve his eyesight I thought that was a really good psychological ploy to get him to eat vegetables This has a basis on a historical fact where the British use this psychological ploy as propaganda Carrots were not rationed during the second world war British technology had discovered nighttime radar which allowed the RAF pilots to see enemy planes in the dark So they could attack the enemy planes The British propaganda machine made up a story that it was the increased use of carrots in the pilots diet which improved their vision including night vision This was accepted by the Germans who already had some ancient traditional beliefs saying that carrots improved eyesight And so we children including Dennis the Menace have to eat carrots whether we like them or not since that is what parents believe

How to Tackle Headaches - Reasons for Headaches, and Natural Remedies & Cures Dueep Jyot Singh, John Davidson, 2017-11-13 Table of Contents Introduction Bilious Headaches Headaches caused by Anemia Nervous headaches Psychological Reasons Fear and Anger Self Pity Fasting Fare Acute and Chronic Headaches Natural remedies for Curing Headaches Warm and Cold Remedies for Headaches Aromatherapy Stimulating Infusions Cure for Migraines Conclusion Author Bio Publisher Introduction For most of us out there especially those who are living life in a stress filled atmosphere a headache seems to be common especially when the muscles of the neck have tensed up and soon you find your head pounding So what do you do you look for the nearest cure it all over the counter headache remedy pop a couple of pills and hope against hope that the headache is going to go away This book is for all of those people who are suffering from headaches literal and figurative which do not seem to quite go away A headache is normally a symptom for some sort of ailment in the body It can also be because as a side effect of a number of drugs which we are so used to taking by the fistful It can also be caused due to systemic changes in your body brought about by toxin accumulation Toxins have the bad habit of stimulating your system internally and this sort of stimulation is capable of being passed to your brains through the sensory systems and nerves And the symptoms of a headache begin to show up And that is why you find yourself suffering from headaches occasionally especially if you are not feeling well have some sort of infection in your body or are suffering from lifestyle diseases like constipation and other digestive problems You may also find yourself suffering from a headache if you have weak eyes Continuous strain and stress upon your optic nerves in order to focus on an object either far away from you or near you may cause you to feel tension and then bring about a headache There is only one cure for it get your eyes checked and get a corrective pair of glasses Nevertheless this cure of getting glasses to get rid of headaches is an artificial aid and definitely not the cure for headaches caused due to some other reasons like infections in your body These are the side effects of something which needs to be tackled diagnosed and cured right now and just using glasses as an excuse and a crutch in order to hope that you are going to get cured of headaches is living in a fool s paradise

The Magic of Neem Margosa to Heal John Davidson, 2013-05-15 The Magic of Neem Margosa to Heal Table of Contents Introduction Neem oil Make Your Skin Blemish Free How to Grow a Neem Neem in Ancient Medicine Traditional

Kajal How to Apply Kajal Curing Eye Infections Neem Seeds As a Pesticide Neem Seeds As a Pyrolysis Stroke Massage Oil
 Curing Piles Sweet Neem Halitosis Neem Seeds As Poultry and Cattle Feed Preserving Clothes and Books Curing Wounds
 with Neem Cleaning Infections Making a Neem Poultice My Own Neem Ointment The Slow Sun Method Another Neem Oil
 Method Neem Burn Remedy Sprains Prickly Heat Pain in Joints Do Your Shoes Bite How to make Neem Ash Leukoderma
 Cure Fever Cure Getting Rid of Bedbugs Malarial Fumigation How to Make Neem Soap Appendix How to Make Desi Ghee
 Conclusion Authors Bio Introduction Most of us may have heard the name of an indigenous plant found in the East Neem This
 is the local name for a plant called Margosa the Indian Neem Its scientific name is Azadirachta indica This is a long living
 tree which has come down in Indian mythology as one of the gifts of the gods given to the people of Jambudwipa the
 prehistoric and historic name of the area which consisted of the Indian subcontinent That is the reason why this plant is
 worshipped in many ancient traditional rituals of some religious sects in India Neem twigs are used as a toothbrush even
 today You break off a twig chew it to keep your teeth healthy and then brush your teeth with this chewed portion It is
 definitely bitter in taste but you never will ever have to visit a dentist No Indian garden is considered to be complete without
 a Neem tree growing The idea is that the grandfather is going to plant the Neem tree and the future generations up to the
 seventh generation are going to derive benefit of this plant That is why the first thing one does when one buys a new house is
 plant a Neem tree and then plant some other fruit trees like mangoes and lemons The Neem tree used to grow wild but it is
 now cultivated extensively throughout the land It is estimated that there are about 138 million Neem trees cultivated by
 farmers in Neem plantations throughout India We are not talking about the ones which grow completely wild in the forests
 and in the woods or in your gardens There has been a long mythological history of the Neem coming down the ages Let me
 give you one example The Neem grown on the outskirts of the village would be worshipped by ancient villagers who wanted
 the friendly spirits living on the Neem to grant them their wishes That is why they often fed the Neem with milk or buried
 copper coins underneath the Neem tree I do not know who took advantage of the buried coins but I saw this pattern being
 followed as an adult when people got to know about the only Neem tree in the locality which happened to have been planted
 by my grandfather four decades earlier **Druggists Circular** ,1929 **Get the Scoop, Geronimo! (Geronimo Stilton**
Cavemice #9) Geronimo Stilton,2015-10-27 For cavemouse Geronimo Stiltonoot life is one prehistoric problem after another
 Geronimo Stiltonoot and The Stone Gazette are in the running for the Stone Age Ratitzer the award for the best prehistoric
 journalism But their main competition is Sally Rockmouzen the ruthless host of Gossip Radio and she ll stop at nothing to win
 Can Geronimo sniff out a scoop in time to defeat her [The Magic of Radishes to Cure and to Heal](#) John
 Davidson,2013-05-15 The Magic of Radishes to Cure and to Heal Table of Contents Introduction Knowing More about
 Radishes How to Grow Radishes Harvesting Your Radishes Soils Summer Radishes Winter Radishes Radishes in Cuisine
 Wheat Radish Salad with Yogurt Apple Sauce with Horse Radish Thai Meat Salad With Radish Kimchi or Fermented Radish

Cabbage Traditional Radish Stuffed Bread Mooli Parantha Desi ghee Radishes to Cure Get Rid of Skin Diseases with Radishes Eczema Cure Blemishes on your Skin Appetite Enhancer Traditional appetizing and digestive Mint Chutney Tummy ache Dropsy Flatulence Problems Radishes for Your Hair Hair Growth Dental Care Shaking Teeth Pyorrhea Cure Toothache Insomnia remedy Conclusion Author Bio Introduction Knowing More about Radishes I was once being shown around the organic farm of a friend of mine and I noticed him giving me rather funny looks You have never been around an organic farm before have you Or it is possible that you have not lived in this area have you Naturally I had to ask him what made him say that because I was used to going around organic farms once being an organic gardener myself He said that any native of that particular area would immediately pounce upon a radish growing in the fields and pull it out without waiting for an invitation from the owner dip it into the nearest water source and sink his teeth into it When in Rome do as the Romans do I did so And thus I enjoyed the crisp natural sweetish taste of this taproot Raphanus sativus which has been the mainstay of so many civilizations since prehistoric times The Romans could not do without the radish In fact it was eaten raw cooked boiled made into salads and not only the taproot but even the leaves were finished by those people who enjoyed good food The ancient Greeks and Romans used to make a paste of radish and onions with dried fish and eat it with every meal In fact Apicius has spoken about radishes best eaten with pepper in his Art Of Cooking in Imperial Rome So I would not be surprised if the ubiquitous fish sauce used to liquefy and spice dishes and known as garum was not also added to dishes with another sharp flavoring agent radish One is grateful that radishes are available all over the world but whether people use them for their own benefit as much as they should is debatable That is because many people think that radishes like onions and garlic have a distinctive odor That is why at parties or at get togethers they are just served as salad helpings accompanied with onion slices and tomatoes

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