

Causes of Benign Prostate Hyperplasia (BPH)

Hormonal Changes

One theory proposes that as men age, their bodies produce less testosterone while no estrogen levels remain stable. This hormonal shift may contribute to the growth of prostate cells.

Dihydrotestosterone (DHT)

DHT, a more potent form of testosterone, tends to increase in older men. Elevated DHT levels can stimulate prostate cells, causing them to enlarge.



Fast Facts Benign Prostatic Hyperplasia

Ian Peate



Fast Facts Benign Prostatic Hyperplasia:

Fast Facts: Benign Prostatic Hyperplasia Roger S. Kirby, Peter J. Gilling, 2011-08-01 Most men with BPH can be diagnosed and managed in the primary care setting In choosing appropriate treatment clinicians must take into account not only the nature and severity of symptoms but also the preferences of the patient and his immediate family cost benefit considerations and long term effectiveness of therapy Written by two leading urologists Fast Facts Benign Prostatic Hyperplasia provides a refreshingly readable practical overview of the pathophysiology diagnosis and treatment of BPH including Use of DRE and PSA results to discriminate between prostate cancer and BPH An evidence based review of the latest medical therapies A concise overview of the surgical and minimally invasive treatment options When to refer to a urologist There is important work to do to raise awareness of men s health issues in general and the problem of BPH in particular Lower urinary tract symptoms are among the commonest reasons for a man to consult his doctor and this ever popular book the first 7th edition in the Fast Facts series remains a must read for all primary care providers Contents Pathophysiology Diagnosis Medical management Traditional surgical treatment options Minimally invasive treatment options Considerations in treatment decisions Issues in BPH Useful resources Fast Facts ProQuest, 2011 *Fast Facts: Renal Disorders* Ajay Singh, Jeremy Levy, Charles Pusey, 2013-06-01 Early detection of renal problems coupled with the appropriate therapeutic strategy can radically reduce the progressive nature of and complications associated with chronic kidney disease and in many instances will result in the successful treatment of acute kidney injury As many patients will not be seen by nephrologists it is essential that all healthcare professionals in hospitals and in the community have an awareness of renal disease the presenting signs differential diagnoses treatment strategies and approach to the management of complications Fast Facts Renal Disorders is an easy to read evidence based guide to renal diseases and disorders for all doctors nurses and medical students It includes A clear explanation of proteinuria hematuria electrolyte imbalances and acid base disorders A concise summary of kidney function tests imaging techniques and biopsy Important questions for prompt diagnosis of acute kidney injury Management options for chronic kidney disease and its complications Practical guidance on the most common renal problems including glomerulonephritis systemic disease UTIs and kidney stones Written by three specialists of international repute Fast Facts Renal Disorders provides the key information required for the optimal care of renal patients This fully updated second edition will help healthcare professionals assess identify treat and refer patients with renal problems appropriately Directly applicable to the clinical setting it is essential reading for all primary care providers junior hospital doctors specialist trainees renal nurses and medical students Contents Proteinuria hematuria and renal investigations Electrolyte disturbances and acid base disorders Acute kidney injury Chronic kidney disease Hypertension and diabetic nephropathy Glomerulonephritis Systemic disease Inherited kidney disease Urinary tract infection Kidney stones Urinary tract obstruction and tumors Renal replacement therapy and transplantation Benign Prostatic Hyperplasia Roger

S. Kirby, Peter J. Gilling, 2010 *Fast Facts Benign Prostatic Hyperplasia* 6th edition provides a concise and up to date overview of the pathophysiology diagnosis and treatment of BPH a condition that while rarely life threatening can have a huge impact on a man's quality of life with symptoms that include frequency nocturia and incomplete bladder emptying The book provides the latest data on the safety and efficacy of various treatment strategies as well as new preventive considerations It focuses on up to date practical information that will enable the patient and the primary care physician who is becoming increasingly involved in the care of the broad spectrum of prostatic diseases to decide together the most appropriate treatments *Fast Facts Benign Prostatic Hyperplasia* will also prove invaluable to other health professionals who work in primary care and who provide care support to men and their families

Fast Facts: Thyroid Disorders Gilbert H. Daniels, Colin M. Dayan, 2006-01-01 Abnormalities of thyroid function rival diabetes mellitus in terms of prevalence and can affect any system in the body In the UK and North America it is estimated that palpable thyroid nodules are present in 1 in 20 of the population and in the UK alone 20 000 tests are carried out each year in clinical chemistry laboratories Thus all doctors can expect to encounter thyroid disease in one form or another Thyroid disorders are generally very responsive to treatment but there are traps for the unwary not least because of the frequent atypical presentations and the widespread prevalence of subclinical disease *Fast Facts Thyroid Disorders* is written by two leading experts of international standing who share a wealth of clinical and research experience The text which is comprehensively illustrated to make core clinical information easily accessible is a concise and practical guide for all who manage patients with these common conditions A concise guide to the recognition of thyroid disorders and the selection of appropriate thyroid function tests Provides expert advice on when to test when to treat and when to refer ensuring rapid initiation of appropriate therapy Highlights the particular challenges posed by thyroid disease during pregnancy Covers the management of thyroid eye conditions Sound dependable advice for the healthcare team and patient in coping with these common conditions Contents Glossary Introduction Thyroid physiology and function tests Hyperthyroidism etiology and presentation Hyperthyroidism diagnosis and management Hypothyroidism etiology and presentation Hypothyroidism diagnosis and management Pregnancy and the thyroid Thyroid nodules and thyroid cancer

Fast Facts: Menopause David H. Barlow, Barry G. Wren, 2005-08-01 *Fast Facts Menopause* is a concise handbook designed to provide an overview of menopausal and postmenopausal health issues and their management Although effective therapies for symptoms are available controversies surrounding some of the available treatments have made potential users wary In the second edition of this succinct and practical text two eminent specialists review in detail the causes and consequences of menopausal symptoms and the options available to women today The text is evidence based drawing on the results of the most recent research to provide general practitioners specialist nurses gynaecologists and other healthcare professionals with an increased understanding of the physiological and psychological effects of the menopause and to contribute to more effective management Contents Stages effects and implications Vasomotor function Osteoporosis

Urogenital changes Neurological symptoms Sexuality Symptom management Types of hormone therapy Side effects of hormone therapy Endometrial bleeding with hormone therapy Risks of hormone therapy Tibolone Alternatives to hormone therapy

Fast Facts: Prostate Cancer Manish I. Patel, Darren M. C. Poon, 2024-02-27 Prostate cancer is the second most common cancer in men worldwide but it is unusual among solid tumors in that many men die with rather than of the disease This raises challenges in terms of deciding if when and how to intervene to control tumor growth and spread in order to extend survival without compromising quality of life The many developments in the field since the last edition of this book include continuing studies to improve detection and monitoring of the disease with the evaluation of MRI for screening and prostate specific membrane antigen PSMA PET CT for staging Treatment options have also continued to improve and expand for all stages of the disease with the development of ultrahypofractionated radiotherapy oral LHRH antagonists PARP inhibitors and lutetium 177 PSMA 617 radioligand therapy

Fast Facts: Prostate Cancer R.S. Kirby, M.I. Patel, D.M.C. Poon, 2020-07-07 This is the tenth edition of this Fast Facts handbook since the first was published in 1996 the many iterations are testament to the rapid changes in the field and steadily improving outlook for patients This new edition introduces the Gleason grade grouping Chapter 1 which has important prognostic value and nomograms that are used to evaluate risk Chapter 3 Our understanding of the genetics and underlying pathogenesis of prostate cancer is growing apace leading to the identification of germline mutations and the development of genomic tests to help identify and direct therapy for those at greatest risk of developing clinically significant disease They also provide reassurance for those patients who have opted for active surveillance Chapters 3 and 5 Imaging techniques are also improving rapidly particularly multiparametric MRI Chapter 4 As this book is concise fully up to date and evidence based we believe it is an ideal resource for those general urologists primary care providers specialist nurses trainees and allied healthcare professionals who want to get quickly up to speed in this fast moving and ever expanding field Contents Epidemiology and pathophysiology Diet lifestyle and chemoprevention Screening and early detection Diagnosis staging and prognostic indicators Management of clinically localized disease Managing recurrence after initial therapy Managing metastatic hormone sensitive prostate cancer Management of castrate resistant prostate cancer Survivorship and management of treatment related side effects and complications

Succeeding as a nurse [Anonymus AC05808872], 2005-04-01 Succeeding as a Nurse is an invaluable book for aspiring nurses new nurses and those who are further into their careers It combines general guidance and information with an insight into the working lives of today's successful nurses The first part of the book Key skills looks at the general skills required by a successful modern nurse from writing skills to time management and from coping with violence to getting the most out of training The second part Career destinations is written by contributors working in specific nursing or nursing related roles They tell it how it is what the job is like what type of person would enjoy it and how you can get there if you think it could be for you Most importantly they pass on their own tips and advice so you can benefit from their experience So

if you're on the path to success already or you're just starting out give yourself a helping hand with *Succeeding as a Nurse*

Fast Facts: Disorders of the Hair and Scalp Rodney Sinclair, Vicky Jolliffe, 2013-08-21 Hair is inextricably linked with an individual's sense of worth, personal style and self-confidence. If this is overlooked by clinicians, patients presenting with hair disorders may feel undertreated and underappreciated. *Fast Facts: Disorders of the Hair and Scalp* is a practical resource that will help healthcare professionals diagnose a wide range of hair and scalp disorders including different types of hair loss, perform further investigations and where appropriate provide treatment options. Highlights include: A well-illustrated overview of hair biology and the normal hair cycle; A clear guide to history taking, observational examination and investigation; Over 70 tables, illustrations and photographs to aid clinical diagnosis; A concise explanation of the role of androgens and genetics in male and female pattern hair loss; Practical steps for the assessment of diffuse hair loss; Comprehensive details of topical and systemic therapies for alopecia areata; A classification of scarring alopecias with treatment options; Scalp disorders presented by symptom: scaly, itchy or painful; An overview of special problems in children. This fully revised second edition of *Fast Facts: Disorders of the Hair and Scalp* is an ideal resource for primary care practitioners, practice nurses, trainee dermatologists and medical students wanting to provide the most appropriate therapeutic, cosmetic and supportive advice to their patients, and for trichologists and consultant dermatologists wanting to keep up to date and informed on the many hair and scalp disorders. Contents: Anatomy and physiology; Diagnosis; Androgenetic alopecia; Diffuse hair loss; Telogen effluvium; Alopecia areata; Trichotillomania and traction alopecia; Scarring alopecia; Tinea capitis; Hirsutism and hypertrichosis; Scalp disorders; Special problems in children; Hair transplantation; Care and cosmetics; Useful resources. *Nursing the Surgical Patient* Rosemary Pudner, 2005-01-01 Discusses all types of surgery so will be applicable to nurses working in all settings where they will encounter patients recovering from surgery. The nursing care is underpinned by the relevant research findings to ensure evidence-based practice. Focuses on nursing role and so is relevant to readers' needs. Relevant A&P and relevant pathophysiology are covered to aid understanding of the common disorders that require surgical intervention. Learning objectives assist study. Use of care plans and case studies help relate theory to practice. Boxes highlight key points and examples to aid study. A full glossary of key terms aids comprehension. Summaries of key points aid revision. Elsevier website. *Hyperlipidaemia* Paul N. Durrington, Allan Sniderman, 2000 Fat consumption in western society has increased dramatically throughout the course of the twentieth century. As a consequence, coronary heart disease is now the most common cause of death from middle age onwards in much of the developed world. Yet trials have shown that lipid-lowering drugs can decrease the risk of coronary heart disease and stroke and increase life expectancy. Using an evidence-based approach, this illustrated guide offers practical solutions to the problems encountered by healthcare professionals in the clinical management of hyperlipidaemia. **Nursing the Surgical Patient** Rosie Pudner, 2010-03-22 The new edition of this highly successful text brings it fully up to date with recent developments in surgical nursing and includes a new chapter on

perioperative stress and anxiety The need for surgical nurses to remain at the cutting edge in relation to their knowledge and skills has never been greater as the demands of higher patient throughput and reduced hospital stays take their toll Nursing the Surgical Patient is written for and by nurses It adopts a patient centred approach to the care of people requiring a wide variety of surgical procedures Compiled by experienced practitioners and educators in the field it covers relevant anatomy and physiology investigations brief information on relevant medical conditions leading to surgery an outline of the surgical procedures and the nursing care the patient will require The key nursing care issues are described and explored with case studies and care plans to bring theory to life Comprehensive and research based yet accessible and engaging Nursing the Surgical Patients a vital companion to nurses caring for surgical patients in either the primary or secondary care setting This title is directed primarily towards health care professionals outside of the United States Information Processing in Medical Imaging James C. Gee, Sarang Joshi, Kilian M. Pohl, William M. Wells, Lilla Zöllei, 2013-06-25 This book constitutes the proceedings of the 23rd International Conference on Information Processing in Medical Imaging IPMI 2013 held in Asilomar in June July 2013 The 26 full papers and 38 poster papers presented in this volume were carefully reviewed and selected from 199 submissions The papers are organized in topical sections on connectivity groupwise registration neuro segmentation statistical analysis dynamic imaging cortical surface registration diffusion MRI functional imaging torso image analysis and tract analysis *Fundamentals of Geriatric Medicine* Rainier P. Soriano, 2007-05-26 Prior to the evolution of modern medicine with its superabundance of diagnostic and therapeutic medical technology and the rise of the litigious society the value of clinical skills was evident in both history taking and the physical examination Even today physicians can make a correct diagnosis solely by utilizing their clinical skills in about 90% of patient encounters Furthermore in the past physicians understood their role as a psychologist and were more apt to be familiar with the social context of their patients House calls were common The doctor was also a placebo who at his best inspired hope and probably sped recovery Geriatricians use both clinical skills and take advantage of modern technology sparingly for they know they are dealing with the most challenging and frail of patients older patients who so often present with multiple complex interacting behavioral social and physical problems In contrast to medicine for young people working with the older patient is much more demanding Furthermore the complex issue of societal attitudes toward old people can come into play especially the physician's need to deal with natural fears of aging dependency depression dementia and death Ageism is the enemy of effective medical treatment At its best geriatrics exemplifies ways that medical care for all ages can become more humane problem oriented and holistic Benign Prostatic Hyperplasia Christopher R Chapple, John D McConnell, Andrea Tubaro, 2000-08-01 Benign Prostatic Hyperplasia presents all the treatments available medical surgical and therapeutic for this important condition Written by a renowned group from the Committee of the European Urology Foundation this concise guide to BPH will be compulsory reading for all urologists and family physicians **Fast Facts** David Rampton, Fergus Shanahan, 2006

Ulcerative colitis and Crohn's disease referred to collectively as inflammatory bowel disease IBD are chronic debilitating disorders IBD particularly Crohn's disease is increasing everywhere most notably in the Western world where about 1 in 200 people now has the condition This highly readable zippy fifth edition of Fast Facts Inflammatory Bowel Disease provides succinct yet thorough information that will aid early recognition of these disorders and their complications alongside practical holistic management advice From product description Bleeding Disorders David Green, Christopher A. Ludlam, 2004 Fast Facts Bleeding Disorders keeps a complex subject simple and clinically oriented The authors have made numerous updates to this second edition to ensure it provides essential information in a readily accessible format

Alexander's Nursing Practice E-Book Ian Peate, 2019-08-20 The latest edition of this popular volume has been fully updated throughout to meet the needs of the 2018 NMC Standards of Proficiency Richly illustrated throughout the book comes with real life Case Studies to help readers contextualise and apply new information pathophysiology to explain disease processes enhanced discussion of pharmacology and medicines management to assist with prescribing readiness and helpful learning features which include Key Nursing Issues and Reflection and Learning What Next Available with a range of supplementary online tools and learning activities Alexander's Nursing Practice fifth edition will be ideal for all undergraduate adult nursing students the Trainee Nursing Associate and anyone returning to practice New edition of the UK's most comprehensive textbook on Adult Nursing Retains the popular three part structure to ensure comprehensive coverage of the subject area Common Disorders Core Nursing Issues and Specific Patient Groups Illustrative A P and pathophysiology help explain key diseases and disorders Real life Case Studies help contextualise and apply new information Explains relevant tests and investigations and when needed the role of the nurse in the context of each of them Helpful learning features include Key Nursing Issues and Reflection and Learning What Next Encourages readers to critically examine issues that are related to care provision Useful icons throughout the text directs readers to additional online material Glossary contains over 300 entries to explain new terminology and concepts Appendices include notes on Système International SI units and reference ranges for common biochemical and haematological values Perfect for second and third year undergraduate nursing students senior Trainee Nursing Associates those returning to practice or needing to review practice and prepare for revalidation Edited by the world renowned Ian Peate editor of the British Journal of Nursing who brings together a new line up of contributors from across the UK and Australia Reflects contemporary issues such as the complexity of acute admissions and the increasing importance of the multidisciplinary approach to patient care Reflects the 2018 NMC Standards of Proficiency for Nurses and the NMC 2018 Code Helps prepare students for prescribing readiness with basic principles of pharmacology evidence based person centred approaches to medicines management and an understanding of the regulatory professional legal and ethical frameworks Recognises the introduction of the Nursing Associate role in England **Benign Prostatic Hyperplasia** Roger S. Kirby, John D. McConnell, 2005 The fifth edition of this popular book by

two world renowned experts contains concise up to date practical information including new management guidelines and the results of recent clinical studies Treatment strategies are discussed with an emphasis on patient involvement and preference Fast Facts Benign prostatic hyperplasia will be an invaluable resource for any healthcare professional treating this bothersome disease

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