

FATEGORIES

UNDERSTANDING THE FATNESS SPECTRUM

SMALL FAT

BELOW A US WOMEN'S 18, OR 1X - 2X

This is the smaller end of the fatness spectrum. Small fats can usually straddle the line between "fat" and "straight size." They can face medical discrimination & poor interpersonal treatment but are generally able to participate in public life with few restrictions based on size.

MID FAT

BETWEEN A US WOMEN'S 20 - 24 OR 26, OR 2X - 3X

Typically only able to shop in plus-size stores, with brick-and-mortar shopping options less frequent. At the upper end of many plus-size retail offerings. More visibly fat, they experience more size discrimination in healthcare, at work, and may have trouble fitting into seats and other public spaces.

LARGE FAT

US WOMEN'S 26 TO 32, OR 4X - 5X

The end point for most plus-size clothing, mostly relegated to online options. This term can also apply to anyone at the larger end of the fatness spectrum, though typically they place closer to the middle of the bell curve.

SUPER FAT / INFINIFAT

LARGER THAN A US WOMEN'S 32 BUT ALSO IT'S COMPLICATED!

"Superfat" was created at a NOLOSE conference in 2008 & is meant to describe the largest & most underserved folks in fat communities. They face significant barriers to access in healthcare, clothing, public spaces, workplace discrimination, and beyond. "Infinifat" describes the same group & came into prominence around 2017, via Ash of The Fat Lip Podcast. Her widely-circulated size chart placed "Super Fat" below "Infinifat," which is often how it is used. Usage may vary, but both terms indicate people on the largest end of the spectrum.

DEATH FAT

Term created by fat activist & writer Lesley Kinzel in 2008. The term was not intended to have any specific size range or limitations, & can be used anyone who wishes to reclaim their "morbid" fatness.

Fatness The Small

Y Pai



Fatness The Small:

Adopting the Beat of Expression: An Mental Symphony within **Fatness The Small**

In a world eaten by screens and the ceaseless chatter of instantaneous interaction, the melodic elegance and psychological symphony produced by the prepared word often diminish in to the back ground, eclipsed by the persistent sound and disturbances that permeate our lives. However, located within the pages of **Fatness The Small** a stunning literary prize full of natural thoughts, lies an immersive symphony waiting to be embraced. Constructed by an outstanding musician of language, that fascinating masterpiece conducts viewers on a mental trip, well unraveling the concealed melodies and profound influence resonating within each cautiously crafted phrase. Within the depths of the touching evaluation, we shall examine the book is main harmonies, analyze its enthralling writing design, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

http://www.pet-memorial-markers.com/files/book-search/index.jsp/Hearts_Blood.pdf

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