

Food, Morals and Meaning

The pleasure and anxiety of eating

Second edition

John Coveney



Food Morals And Meaning

**Cathy Banwell,Dorothy Broom,Anna
Davies,Jane Dixon**

Food Morals And Meaning:

Food, Morals and Meaning John Coveney, 2006-09-27 Why does our appetite for food pleasures make us feel anxious This fresh and updated edition traces our complex relationship with food and eating along with our preoccupation with diet self discipline and food guilt

Food, Morals and Meaning John Coveney, 2002-01-04 Food Morals and Meaning examines our need to discipline our desires our appetites and our pleasures at the table However instead of seeing this discipline as dominant or oppressive it argues that a rationalisation of pleasure plays a positive role in our lives allowing us to better understand who we are The book begins by exploring the way that concerns about food the body and pleasure were prefigured in antiquity and then how these concerns were recast in early Christianity as problems of natural appetite which had to be curbed The following chapters discuss how scientific knowledge about food was constructed out of philosophical and religious concerns about indulgence and excess in 18th and 19th Century Europe Finally by using research collected from in depth interviews with families the last section focuses on the social organisation of food in the modern home to illustrate the ways that the meal table now incorporates the principles of nutrition as a form of moral training especially for children Food Morals and Meaning will be essential reading for those studying nutrition public health sociology of health and illness and sociology of the body

Key Features 1 Health sociology is a rapidly growing subject area

Food, Morals and Meaning John Coveney, 2023-05-09 First published in 2006 Food Morals and Meaning examines our need to discipline our desires our appetites and our pleasures at the table However instead of seeing this discipline as dominant or oppressive it argues that a rationalisation of pleasure plays a positive role in our lives allowing us to better understand who we are The book begins by exploring the way that concerns about food the body and pleasure were prefigured in antiquity and then how these concerns were recast in early Christianity as problems of natural appetite which had to be curbed The following chapters discuss how scientific knowledge about food was constructed out of philosophical and religious concerns about indulgence and excess in 18th and 19th Century Europe Finally by using research collected from in depth interviews with families the last section focuses on the social organisation of food in the modern home to illustrate the ways that the meal table now incorporates the principles of nutrition as a form of moral training especially for children Food Morals and Meaning will be essential reading for those studying nutrition public health sociology of health and illness and sociology of the body

The Oxford Handbook of Food History Jeffrey M. Pilcher, 2012-10-16 Food matters not only as a subject of study in its own right but also as a medium for conveying critical messages about capitalism the environment and social inequality to diverse audiences Recent scholarship on the subject draws from both a pathbreaking body of secondary literature and an inexhaustible wealth of primary sources from ancient Chinese philosophical tracts to McDonald s menus contributing new perspectives to the historical study of food culture and society and challenging the limits of history itself The Oxford Handbook of Food History places existing works in historiographical context crossing disciplinary chronological

and geographic boundaries while also suggesting new routes for future research The twenty seven essays in this book are organized into five sections historiography disciplinary approaches production circulation and consumption of food The first two sections examine the foundations of food history not only in relation to key developments in the discipline of history itself such as the French Annales school and the cultural turn but also in anthropology sociology geography pedagogy and the emerging Critical Nutrition Studies The following three sections sketch various trajectories of food as it travels from farm to table factory to eatery nature to society Each section balances material cultural and intellectual concerns whether juxtaposing questions of agriculture and the environment with the notion of cookbooks as historical documents early human migrations with modern culinary tourism or religious customs with social activism In its vast interdisciplinary scope this handbook brings students and scholars an authoritative guide to a field with fresh insights into one of the most fundamental human concerns

Introducing the Sociology of Food and Eating Anne Murcott, 2019-02-07 This textbook equips students with the ability to analyze and think critically about contemporary food topics A thorough introduction to the sociology of food and eating the book also acts as a primer to the discipline of sociology more generally Chapters start with a common sense assumption about food which students frequently encounter in their own lives or in the mass media Topics include family meals ethnic cuisines cooking skills and convenience foods eating out food waste and overpackaging Anne Murcott shows how systematic academic research approaches can allow students to move beyond conventional wisdoms to examine sociological perspectives on food and eating Key sociological concerns such as class gender age ethnicity power and identity are also introduced accompanied by a wide range of examples from around the globe By the end readers will be able to think more critically and to apply sociological approaches to questions about food and society Introducing the Sociology of Food and Eating is an essential introductory textbook for students in sociology and food studies It provides readers with a solid basis for success in their studies and with a new understanding of their own attitudes to food and eating

Making Dinner Roblyn Rawlins, David Livert, 2019-01-10 With a vast selection of foods and thousands of recipes to choose from how do home cooks in America decide what to cook and what does their cooking mean to them Answering this question Making Dinner is an empirical study of home cooking in the United States Drawing on a combination of research methods which includes in depth interviews with over 50 cooks and cooking journals documenting over 300 home cooked dinners Roblyn Rawlins and David Livert explore how American home cooks think and feel about themselves food and cooking Their findings reveal distinct types of cook the family first cook the traditional cook and the keen cook and demonstrate how personal identities family relationships ideologies of gender and parenthood and structural constraints all influence what ends up on the plate Rawlins and Livert reveal research that fills the data gap on practices of home cooking in everyday life This is an important contribution to fields such as food studies health and nutrition sociology social psychology anthropology gender studies and American studies

Wonder Foods Lisa Haushofer, 2022-12-27 Between 1850 and 1950 experts and entrepreneurs in

Britain and the United States forged new connections between the nutrition sciences and the commercial realm through their enthusiasm for new edible consumables. The resulting food products promised wondrous solutions for what seemed to be both individual and social ills. By examining creations such as Gail Borden's meat biscuit, Benger's Food, Kellogg's health foods, and Fleischmann's yeast, Wonder Foods shows how new products dazzled with visions of modernity, efficiency, and scientific progress, even as they perpetuated exclusionary views about who deserved to eat, thrive, and live. Drawing on extensive archival research, historian Lisa Haushofer reveals that the story of modern food and nutrition was not about innocuous technological advances or superior scientific insights but rather about the powerful logic of exploitation and economization that undergirded colonial and industrial food projects. In the process, these wonder foods shaped both modern food regimes and how we think about food.

The American Middle Class Robert S. Rycroft, 2017-05-12. What is the American Dream? This book's author argues that contrary to what many believe, it is not achieving the wealth necessary to enter the top one percent but rather becoming members of the great middle class by dint of hard work and self-discipline. Americans of all classes consider themselves to be middle class. There are Americans who by any objective standard should be considered poor who would insist they are middle class, just as other Americans who should be considered wealthy also insist they are middle class. Thinking of yourself and being thought of by others as middle class is the American Dream for tens of millions of people. But an enduring problem of the American middle class is the worry that the Dream is coming apart, that forces are lurking in the shadows waiting to steal their progress and throw them back into poverty. This thought-provoking reference explores a disparate multitude of issues associated with being middle class in America. It addresses a range of questions and subtopics, including the meaning of the term middle class, how middle class status is expressed by both the majority and the various minorities that make up the American mosaic, what economic pressures are bearing down on the middle class, and how economists and others attempt to make sense of the economic issues of the day. Readers will also better understand how political institutions and public policies are shaping the way the middle class views the world, how labor, housing, education, and crime-related issues have influenced the development and growth of the middle class, the norms of the middle class versus those of other classes in society, and the role of culture and media in shaping how members of the middle class view themselves and how they are viewed by others. This two-volume set provides a comprehensive look at the American middle class that supports student research in economics, social studies, cultural studies, and political history. The content supports teachers in their development of lesson plans and assignments that directly align with the Common Core State Standards and the recommendations of the National Curriculum Standards for Social Studies (NCSS) with respect to all ten NCSS themes.

Dangerous Digestion E. Melanie DuPuis, 2015-12-01. Throughout American history, ingestion, eating, has functioned as a metaphor for interpreting and imagining this society and its political systems. Discussions of American freedom itself are pervaded with ingestive metaphors of choice: what to put in and control, what to keep out. From the country

s founders to the abolitionists to the social activists of today those seeking to form and reform American society have cast their social change goals in ingestive terms of choice and control But they have realized their metaphors in concrete terms as well purveying specific advice to the public about what to eat or not These conversations about social change as eating reflect American ideals of freedom purity and virtue Drawing on social and political history as well as the history of science and popular culture *Dangerous Digestion* examines how American ideas about dietary reform mirror broader thinking about social reform Inspired by new scientific studies of the human body as a metabiome a collaboration of species rather than an isolated intact protected and bounded individual E Melanie DuPuis invokes a new metaphor digestion to reimagine the American body politic opening social transformations to ideas of mixing fermentation and collaboration In doing so the author explores how social activists can rethink politics as inclusive processes that involve the inherently risky mixing of cultures standpoints and ideas

Sugar rush Karen Throsby, 2023-06-20 In the second decade of the twenty first century the crusade against sugar rose to prominence as an urgent societal problem about which something needed to be done Sugar was transformed into the common enemy in a revived war on obesity levelled at unhealthy foods and the people who enjoy them Are the evils of sugar based on purely scientific fact or are other forces at play *Sugar rush* explores the social life of sugar in its rise to infamy The book reveals how competing understandings of the problem of sugar are smoothed over through appeals to science and the demonization of fatness with politics and popular culture preying on our anxieties about what we eat Drawing on journalism government policy public health campaigns self help books autobiographies and documentaries the book argues that this rush to blame sugar is a phenomenon of its time finding fertile ground in the era of austerity and its attendant inequalities Inviting readers to resist the comforting certainties of the attack on sugar *Sugar rush* shows how this actually represents a politics of despair entrenching rather than disrupting the inequality riddled status quo

Eating the Ocean Brian Payne, 2022-12-02 During the first half of the twentieth century Canadian fisheries regularly produced more fish than markets could absorb driving down profits and wages To address this both industry and government sought to stimulate domestic consumption via increased advertising In *Eating the Ocean* Brian Payne explores how government funded marketing called upon Canadian housewives to prepare more seafood meals to improve family health and aid an industry central to Canadian identity and heritage The goal was first to make seafood a central element of a wholesome diet as a solution to a perceived nutritional crisis and second to aid industry recovery and growth while decreasing Canadian fisheries dependency on foreign markets But fishery managers and policymakers fundamentally miscalculated consumer demand wrongly assuming that Canadians could and would eat more seafood Fisheries continued to extract more fish than the environment and the market could sustain and the collapse of the nation's fisheries that we are now seeing has as much to do with failed assessments of market demand as it does with faulty extraction practices Using internal communications between industry leaders and Ottawa bureaucrats as well as advertising and promotional material

published in the nation's leading magazines, national and local newspapers and radio programming. *Eating the Ocean* traces the flawed understanding of not only supply but demand, a misguided gamble that caused fisheries to become the most mismanaged resource economy in early twentieth-century Canada. **The Hungry World** Nick Cullather, 2010-12 The ambition to lead Asia into an age of plenty grew alongside development theories that targeted hunger as a root cause of war. Scientific agriculture was an instrument for molding peasants into citizens with modern attitudes, loyalties and reproductive habits. But food policies were as contested then as they are today. While Kennedy and Johnson envisioned Kansas-style agribusiness guarded by strategic hamlets, Indira Gandhi, Marcos and Suharto inscribed their own visions of progress onto the land. **Ireland Unbound** Michel Peillon, Mary P. Corcoran, 2002 **On an Empty Stomach** Tom

Scott-Smith, 2020-04-15 *On an Empty Stomach* examines the practical techniques humanitarians have used to manage and measure starvation from Victorian scientific soup kitchens to space-age high-protein foods. Tracing the evolution of these techniques since the start of the nineteenth century, Tom Scott Smith argues that humanitarianism is not a simple story of progress and improvement but rather is profoundly shaped by sociopolitical conditions. Aid is often presented as an apolitical and technical project, but the way humanitarians conceive and tackle human needs has always been deeply influenced by culture, politics and society. These influences extend down to the most detailed mechanisms for measuring malnutrition and providing sustenance. As Scott Smith shows, over the past century the humanitarian approach to hunger has redefined food as nutrients and hunger as a medical condition. Aid has become more individualized, medicalized and rationalized, shaped by modernism in bureaucracy, commerce and food technology. *On an Empty Stomach* focuses on the gains and losses that result from examining the complex compromises that arise between efficiency of distribution and quality of care. Scott Smith concludes that humanitarian groups have developed an approach to the empty stomach that is dependent on compact, commercially produced devices and is often paternalistic and culturally insensitive. **Globalization in English Studies** Maria

Giorgieva, Allan James, 2010-02-19 Globalization, the concept used to account for the multitude of linkages, interconnections and interdependences that currently transcend territorial and sociocultural boundaries in the world, has been in the centre of continual controversy over its meaning, scope, intensity and social significance for post-modern societies. However, whether considered from the narrow angle of current socio-economic developments or from the broad perspective of evolutionary processes straddling all spheres of life, globalization is generally acknowledged to refer to a complex set of processes of modernization, technologization, liberalization and integration, operationalized through language and in a language shared by all those involved. For a number of geo-historical, socio-political, economic and technological reasons, the language that has firmly established itself as the language of international communication is English. As a result, Global English takes a primary place in discussions of the effect of globalization on world societies and culture. The volume *Globalization in English Studies* addresses the issue of how globalization impacts upon culture, literature, language, communication and language learning and

use policies which are taken to constitute the multiplex disciplinary space of English Studies Written by authors with different language cultural and theoretical backgrounds this collection of eleven chapters throws light on how global and local entities are subtly intertwined refashioned and rescaled in different geo political and sociocultural contexts The book is divided into four parts The first part Globalization in Culture dwells upon the effects of globalization in particular cultural domains and the institutional attempts in some countries at reducing its negative consequences for local practices The second part Globalization in Literature examines the impact of global integration processes on social life In particular it focuses on new developments as the hybridization and technologization of societies that tend to wipe out borders traditionally taken as reference points in building identity and a sense of belonging The third part Globalization in Language Communication focuses on intercultural communication and the opportunities different multi modal settings offer for the the realisation of intertextuality and interdiscursivity Of particular interest is how local people select appropriate and creatively utilize cultural entities designed for global consumption to make them appear as their own The last part Global English and English Language Teaching Learning Policy approaches the issue from a pedagogical perspective and examines the changes that globalization has caused for learners learning environments and ways of speaking Ranging over a variety of domains subsumed within English Studies this collection of studies can serve as a good base for the cross disciplinary synergy of ideas and fruitful debate among scholars and practitioners with a vested interest in Global English

Discriminating Taste S.

Margot Finn, 2017-04-24 For the past four decades increasing numbers of Americans have started paying greater attention to the food they eat buying organic vegetables drinking fine wines and seeking out exotic cuisines Yet they are often equally passionate about the items they refuse to eat processed foods generic brands high carb meals While they may care deeply about issues like nutrition and sustainable agriculture these discriminating diners also seek to differentiate themselves from the unrefined eater the common person who lives on junk food Discriminating Taste argues that the rise of gourmet ethnic diet and organic foods must be understood in tandem with the ever widening income inequality gap Offering an illuminating historical perspective on our current food trends S Margot Finn draws numerous parallels with the Gilded Age of the late nineteenth century an era infamous for its class divisions when gourmet dinners international cuisines slimming diets and pure foods first became fads Examining a diverse set of cultural touchstones ranging from Ratatouille to The Biggest Loser Finn identifies the key ways that good food has become conflated with high status She also considers how these taste hierarchies serve as a distraction leading middle class professionals to focus on small acts of glamorous and virtuous consumption while ignoring their class s larger economic stagnation A provocative look at the ideology of contemporary food culture Discriminating Taste teaches us to question the maxim that you are what you eat

Weight of Modernity Cathy Banwell, Dorothy Broom, Anna Davies, Jane Dixon, 2012-12-30

Over a half of adults in the US Canada Australia and numerous European countries are now overweight or obese a proportion that has risen sharply in the past two decades Dominant

biomedical explanations focus on the energy equation an imbalance between energy intake and expenditure and remedies focus on motivating individuals to restore the balance by eating better and being more active or in extreme cases surgical intervention This book offers a perspective that sees increasing obesity as a social phenomenon as well as a public health problem It contains detailed accounts of three generations of Australians experiences of changing environments and the emergence of social trends such as increasing availability of convenience foods the individualisation and commercialisation of leisure car reliance and busyness Participants narratives are interwoven with sociological and historical analyses of changes to show how contemporary Australians are experiencing and adapting to dramatic socio cultural and environmental changes that are reshaping their lives and in many cases their bodies The book demonstrates that obesity is an unintended consequence of economic development accompanied by profound socio cultural changes and by identifying the key developments the authors propose leverage points While the research was conducted in Australia the fundamental drivers of rapid weight gain are equally present in other modern secular societies

Feeding Distinction: Constrictions and Constructions of Dietary Compliance Filippo Oncini, 2020-11-06 Building on Bourdieu s theory of capitals this book provides an in depth analysis of the social stratification of food consumption in Italy with a special focus on the role of the school canteen as a possible enhancer of children s dietary compliance Making use of large survey data semi structured interviews with parents and long ethnographic fieldwork in four primary school canteens the study presents new insights on the ways inequalities shape eating and feeding practices between home and school

Modern Folk Devils Martin Demant Frederiksen, Ida Harboe Knudsen, 2021-12-13 The devilish has long been integral to myths legends and folklore firmly located in the relationships between good and evil and selves and others But how are ideas of evil constructed in current times and framed by contemporary social discourses *Modern Folk Devils* builds on and works with Stanley Cohen s theory on folk devils and moral panics to discuss the constructions of evil The authors present an array of case studies that illustrate how the notion of folk devils nowadays comes into play and animates ideas of otherness and evil throughout the world Examining current fears and perceived threats this volume investigates and analyzes how and why these devils are constructed The chapters discuss how the devilish may take on many different forms sometimes they exist only as a potential threat other times they are a single individual or phenomenon or a visible group such as refugees technocrats Roma hipsters LGBT groups and rightwing politicians Folk devils themselves are also given a voice to offer an essential complementary perspective on how panics become exaggerated facts distorted and problems acutely angled Bringing together researchers from anthropology sociology political studies ethnology and criminology the contributions examine cases from across the world spanning from Europe to Asia and Oceania

Food Fights Charles C. Ludington, Matthew Morse Booker, 2019-08-29 What we eat where it is from and how it is produced are vital questions in today s America We think seriously about food because it is freighted with the hopes fears and anxieties of modern life Yet critiques of food and food systems all too often

sprawl into jeremiads against modernity itself while supporters of the status quo refuse to acknowledge the problems with today's methods of food production and distribution *Food Fights* sheds new light on these crucial debates using a historical lens Its essays take strong positions even arguing with one another as they explore the many themes and tensions that define how we understand our food from the promises and failures of agricultural technology to the politics of taste In addition to the editors contributors include Ken Albala Amy Bentley Charlotte Biltekoff Peter A Coclanis Tracey Deutsch S Margot Finn Rachel Laudan Sarah Ludington Margaret Mellon Steve Striffler and Robert T Valgenti

Whispering the Strategies of Language: An Emotional Quest through **Food Morals And Meaning**

In a digitally-driven earth where screens reign great and instant connection drowns out the subtleties of language, the profound secrets and psychological subtleties hidden within words frequently move unheard. Yet, situated within the pages of **Food Morals And Meaning** a fascinating literary value pulsing with organic feelings, lies an exceptional quest waiting to be undertaken. Penned by an experienced wordsmith, that wonderful opus attracts visitors on an introspective trip, delicately unraveling the veiled truths and profound impact resonating within the very material of each word. Within the emotional depths with this emotional evaluation, we shall embark upon a genuine exploration of the book's core styles, dissect its fascinating publishing fashion, and succumb to the effective resonance it evokes heavy within the recesses of readers' hearts.

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