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Football meets life skills and values

As a football coach and father of two boys, Tyron Altern was inspired to start his own football academy after growing concerns regarding player development in the North Durban areas. Following his realisation that most clubs are results-driven, which Altern did not support, he decided to launch the United Academy in 2020.

"While we are competitive and aim to win, we don't subscribe to 'win at all costs'. Who our players become matters far more than their results. At United Academy, we intentionally teach life skills and values as much as football tactics. Our goal is to raise well-rounded, ethical, compassionate young people who contribute to society," said Altern.

Committed to their values, the United Academy U10 team recently turned away a chance of claiming a win from their opponent who showed up with no player cards, which, by the rule of the local



Redwood College U19 in action tast year. Picture: Redwood College.

soccer league, you cannot play without.

According to the coach, the club's main goal is to be the best club for Durban more than being the best in the city. Unlike most football clubs that are results-driven, the La Lucia-based side is committed to being impactful. "Our mission is to equip players not only with football skills but also with integrity, empathy, resilience, and courage—qualities that serve them on and off the field," he explained.

When describing the current state of the club. Aftern quoted a Bible verse, Ephesians 3:20, which has kept him going since he launched the academy. When the academy launched in 2020, it had only 25 players, two age divisions, and three coaches. The goal at that time was to bring unity among young

players, hence it was named 'United Academy'. Describing the current stage of this talent-grooming academy, the coach said: "The results speak: over 140 registered players (U7-U17), eight teams in the Greater Durban Local Football Association (GDLFA) league, and 13 coaches. Our teams reflect our community—children of all backgrounds playing, learning and laughing together."

United is currently in its sixth year of partnership with Redwood College. The partnership is, according to Altern, benefiting both the school and the academy. While the academy is assisting the school by developing and nurturing talents for their team, Redwood College returns the favour by offering the club facilities to train and play their home games.

Football Start Right And Play Well Go For It

Wenbin Ji

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The Horn Book Guide to Children's and Young Adult Books, 1990 Forty Winning Plays in Football Ernest The Complete Works (100+) of F. Scott Fitzgerald (Illustrated edition) F. Scott Graves, John J. McEwan, 1922 Fitzgerald, Francis Scott Fitzgerald, 2021-02-01 This F Scott Fitzgerald collection compiles the works on which the fame of one of the most fascinating writers of the twentieth century was built Francis Scott Fitzgerald became a mouthpiece for ideas and expressed the spiritual moods bubbling amongst the young people during the 1920s Fitzgerald in the words of Amory from This Side of Paradise 1920 wrote that a generation had grown up to find all God's dead all wars fought all faiths in man shaken Fitzgerald was the first to tell the world about the commencement of the jazz age with its carnival approach towards life a lifestyle which he also followed However as a sensitive artist he could not help but notice the dualistic nature of this philosophy Fitzgerald s writing demonstrated that a life spent at the carnival would inevitably lead to bankruptcy Fitzgerald often worked on multiple short stories simultaneously while writing his novels Later these stories were compiled His relationship and love for his wife Zelda fueled much of his writing Her diagnosis and hospitalization for schizophrenia in 1930 affected him greatly In his later years Fitzgerald worked in Hollywood on movie scripts His last novel The Last Tycoon remained unfinished at the time of his death in 1940 and reflected his Hollywood experiences THE NOVELS THIS SIDE OF PARADISE THE BEAUTIFUL AND DAMNED THE GREAT GATSBY TENDER IS THE NIGHT THE LOVE OF THE LAST TYCOON THE SHORT STORY COLLECTIONS FLAPPERS AND PHILOSOPHERS TALES FROM THE JAZZ AGE ALL THE SAD YOUNG MEN TAPS AT REVEILLE THE PAT HOBBY STORIES MISCELLANEOUS STORIES THE PLAYS AND SCREENPLAYS THE POETRY THE NON FICTION THE LETTERS The Complete Works F. Scott Fitzgerald, 2023-11-28 F Scott Fitzgerald s The Complete Works serves as an unparalleled compendium of the author's entire literary output gathering his finest novels short stories essays and critiques Renowned for his vivid portrayals of the Jazz Age Fitzgerald employs a lyrical yet precise style that captures the glitz and despair of his characters lives His work intricately dissects themes of ambition love and the American Dream all set against the backdrop of a rapidly changing society that oscillates between opulence and disillusionment reflecting the complexities of human nature and societal norms during the 1920s and beyond Fitzgerald a pivotal figure of 20th century American literature drew upon his own experiences with wealth love and social intricacies which ultimately informed his writing Born in 1896 he struggled with personal demons including alcoholism and tumultuous relationships notably with his wife Zelda This tumultuous existence profoundly influenced his artistic lens and thematic concerns rendering his reflections on the era both intimate and universal For readers seeking a comprehensive understanding of American literature s evolution and the delicate interplay of societal values The Complete Works stands as an essential reference It not only showcases Fitzgerald's literary genius but also invites readers to explore the disquieting interplay between aspiration and reality making it a must read for both scholars and casual readers alike *Biq-time*

Football at Harvard, 1905 Bill Reid, 1994 With the intent of providing a how to manual for future coaches Reid set down day by day an account of his activities on and off the field In so doing he provides clear evidence of what many have suspected for a long time that the unethical conduct so common in modern day football has roots in the early history of the game and has not been limited to the so called football factories Reid offhandedly discusses such topics as spying on other teams pressuring faculty members to give players passing grades requiring that players cut classes to attend practice and hiding injuries from players to keep them on the field We Love Football Adrian Adams, 2014-04-25 Football is the greatest game in the world Place can not be found in the world where it is not played As Eusebio wisely said Anyone can play whether you are poor or rich All you need is space and a ball Football players and coaches are known from colorful language Most of the quotes in this book are hilarious Like Zlatan Now I m here I think the people in Paris will have something else to see besides the Mona Lisa Many of the quotes are very inspiring as well Messi gives us a good example Talent and elegance mean nothing without rigor and precision Let's enjoy players and coaches brightest moments The Greatest Moments of Florida Gators Football Gainesville Sun,1998 From the school s inaugural season in 1906 through its national championship campaign of 1996 all of the most exciting stories are captured for the very first time in a single book Included are tales about such great players as 1966 Heisman Trophy winner and current head coach Steve Spurrier and 1996 Heisman quarterback Danny Wuerffel Fans can read about Florida's early successes in the 1920s its first bowl team in 1952 the teams of Doug Dickey in the 70s and Galen Hall in the 80s and of course Spurrier's amazing teams of the 90s including the 96 national champs Teach'n Beginning Offensive Football Drills, Plays, and Games Free Flow Handbook Bob Swope, 2013-03 This is a practical Handbook for beginning youth Football coaches and parents It has 85 individual pictures and 121 illustration variations to look at All the skill activities and drills are numbered for easy reference between coaches and parents Complete with diagram illustration and explanation for each one It covers all the fundamentals you will need to get started in beginning youth offrnsive Football It also has tactics and strategies training games to play sample practice Real Football, schedules and many offensive plays to run to get your team started **Boys' Life** ,1915-11 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting The Black Athlete: A Shameful Story Jack Olsen, 2020-06-16 Jack Olsen s blunt depiction of the shameful treatment of black athletes in the 1960 s A view of the sport most Americans refused to see during a time of complacency and pervasive racial crisis in America Black collegiate athletes were often dehumanized exploited and discarded Recruited for their skill then lionized on the field and ostracized on campus The world of professional sports offered black athlete s opportunity but not equality Positions that carry authority and responsibility were typically labeled white only Olsen interviewed sociologists black community leaders coaches AD s and numerous athletes This ground breaking and controversial report sparked nationwide reforms when it was covered in a five part series published by Sports

Illustrated in 1968 Blue Ribbon Football Yearbook Chris Dortch, 2005 Play Football The NFL Way Tom Bass, 1991-06-15 The First Instructional Manual for Football Players and Coaches Ever Published by the National Football LeaguePosition by position Guide to Learning to Play the GameQuarterbackRunning backReceiverOffensive LineDefensive The Saturday Evening Post ,1929 LineLinebackerDefensive BackPlacekickerPunterKick Returner Football for Players and Coaches Glenn Scobey Warner, 1912 Bouve collection The United States Football League, 1982-1986 Paul Reeths, 2017-04-17 One of the most ambitious and short lived endeavors in professional sports history the United States Football League was founded in 1982 Premiering with a spring schedule and an abundance of talent that included top rookies and National Football League veterans the USFL gained national attention with broadcast and cable television contracts controversial player signings ownership battles and an unsuccessful billion dollar lawsuit against the NFL The USFL folded after four years yet represented the last major challenge to America's big four sports leagues the NFL the National Basketball Association the National Hockey League and Major League Baseball Based upon extensive research and interviews with owners coaches players and administrators this book chronicles the league s formation its three seasons of play and its long term effects on pro sports Congressional Record United States. Congress, 1975 in Football Bob McCullough, 2014-06-10 As he did for his previous books My Greatest Day in NASCAR and My Greatest Day in Golf sports journalist Bob McCullough has crisscrossed the country interviewing legendary football players who are in the Hall of Fame for My Greatest Day in Football In addition to asking about their greatest day McCullough has expanded these interviews to include thoughts on their greatest college day greatest opponent and greatest teammate The players include Chuck Bednarik Bobby Bell Raymond Berry Terry Bradshaw Willie Davis Frank Gifford Bud Grant Bob Griese Jack Ham Michael Haynes Sam Huff John Henry Johnson Sonny Jurgenson Leroy Kelly Paul Krause Steve Largent John Mackey Wellington Mara Gino Marchetti Bill Parcells Pete Pihos Lawrence Taylor Gale Sayers Bob St Clair Jan Stenerud Don Shula Bart Starr Jim Taylor YA Tittle Paul Warfield With first hand accounts from so many football greats My Greatest Day in Football is the perfect gift for football fans everywhere The Best is Yet to Come Alan O'Mara, 2016-09-01 Three years ago when Cavan footballer Alan O Mara was twenty two he spoke out about his battle with depression which led him to contemplate suicide Only the thought of his parents and the pain that they would experience in his death prevented him from taking his own life Now in The Best is Yet to Come he tells his story From the role the GAA played in his life to the decision he made to share his journey this is an account of an ordinary young man a GAA star who found a way to move past the dark thoughts that beset his mind during his worst days and who discovered that the only way out of the darkness is to ask for help In summoning his courage and becoming the first active inter county player to speak of his experiences with depression Alan O Mara gives a much needed voice to an aspect of human experience that has been cloaked in silence and stigma This book which is needed now more than ever gives a rare glimpse into the complex inner world of depression and will give hope

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