

# Expressive Arts with Elders

A Resource

Second Edition

Edited by

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# Exprebive Arts With Elders A Resource

**Naida Weisberg,Rosilyn Wilder**



## **Expressive Arts With Elders A Resource:**

*Expressive Arts with Elders* Naida Weisberg, Rosilyn Wilder, 2001-01-01 This engaging and practical book shows how older people who are disoriented or depressed or socially excluded by the process of ageing can experience a renewed sense of connectedness and life affirmation through the expressive arts and arts therapies The contributors combine a thought provoking analysis of theoretical considerations around the themes of aging society and dementia with practical applications in a diverse range of creative arts including drama music art dance and creative writing They also include descriptions of innovative inter generational and cross cultural projects Professionals working with older people in a range of settings including residential homes community centres and psychiatric care will find this book to be an indispensable guide to their practice Review of the first edition This book is comprehensive and program oriented and will be of immeasurable help to professionals in the field of ageing It is a lucid guide of successful and creative artistic programs which points the way to new dimensions in the field Jacqueline T Sunderland former president of the National Center on Arts and Ageing *Art Therapy with Older Adults* Rebecca C. Perry Magniant, 2004 This book constitutes an important step in demonstrating that art therapy is a unique offering for persons aged sixty five years and older giving the potential for enrichment and healing in those lives Describing the various ways in which art therapy can be used in the treatment of mental and emotional problems of older adults the editor encourages the reader to use the suggestions and concepts within or tailor them to suit one s own specific working environment or population Divided into three sections this book proposes creative art therapies interventions directives and ideas along with model programs and examples of work in different settings Section I discusses art therapy interventions and ideas for treatment including working with ceramics sandtray memory books and directives Section II deals with working with specific populations of older adults caregivers of older adults and older adults in long term care and residential settings In addition working with older adults with Alzheimer s disease is addressed in this section Section III focuses on working with individual older adult clients home based art therapy grandmothers raising troubled teenagers hospice patients and mentally ill geriatrics Readers will find this book to be a sourcebook of information It will have great appeal to human service practitioners health and mental health practitioners and educators in social work psychology nursing and counseling Art Education and Creative Aging Melanie Davenport, Linda Hoeptner Poling, Rébecca Bourgault, Marjorie Cohee Manifold, 2024-04-01 This text explores how art education can meaningfully address the needs of older adults as learners makers and teachers of art in formal and informal settings It combines perspectives of museum educators teacher preparation professors art therapists teaching artists and older artists on what is meant by Creative Aging and the ways art education can support the health and well being of this population Most importantly the book discusses what the field of art education can gain from older adult learners and creators Chapters are organized into five sections Creatively Aging Meeting Older Adults Unique Needs Intergenerational Art Education Engaging Older Adults With Artworks

and Objects and In Our Own Voices Older Adults as Learners Makers and Teachers Within each section contributors investigate themes critical to art education within aging populations such as memory loss disability coping with life transitions lifelong learning intergenerational relationships and personal narrative The final section focuses on accounts from older adult artists educators offering insights and proposing new directions for growing older creatively Though ideal for art education faculty and students in graduate and undergraduate settings as well as art education scholars and those teaching in multigenerational programs within community settings this book is an expansive resource for any artist student or scholar interested in the links among health well being and arts participation for older adults

### **The Expressive Lives of Elders**

Jon Kay,2018-09-20 Can traditional arts improve an older adult s quality of life Are arts interventions more effective when they align with an elder s cultural identity In *The Expressive Lives of Elders* Jon Kay and contributors from a diverse range of public institutions argue that such mediations work best when they are culturally socially and personally relevant to the participants From quilting and canning to weaving and woodworking this book explores the role of traditional arts and folklore in the lives of older adults in the United States highlighting the critical importance of ethnographic studies of creative aging for both understanding the expressive lives of elders and for designing effective arts therapies and programs Each case study in this volume demonstrates how folklore and traditional practices help elders maintain their health and wellness providing a road map for initiatives to improve the lives and well being of America s aging population

### **Economic Foundations for Creative Ageing Policy, Volume II**

Andrzej Klimczuk,2016-12-15 Aging populations are a major consideration for socio economic development in the early 21st century This demographic change is mainly seen as a threat rather than as an opportunity to improve the quality of human life Aging population is taking place in every continent of the world with Europe in the least favourable situation due to its aging population and reduction in economic competitiveness *Economic Foundations for Creative Aging Policy* offers public policy ideas to construct positive answers for ageing populations This exciting new volume searches for economic solutions that can enable effective social policy concerning the elderly Klimczuk covers theoretical analysis and case study descriptions of good practices to suggest strategies that could be internationally popularised

*Working with Older Adults: Group Process and Technique* Barbara Haight,Faith Gibson,2005-03-30 Beginning with an overview of the changing world of aging this book goes on to address practical principles and guidelines for group work

*Current Approaches in Drama Therapy* David Read Johnson,Renée Emunah,2020-11-18 This third edition of *Current Approaches in Drama Therapy* offers a revised and updated comprehensive compilation of the primary drama therapy methods and models that are being utilized and taught in the United States and Canada Two new approaches have been added Insight Improvisation by Joel Gluck and the Miss Kendra Program by David Read Johnson Nisha Sajnani Christine Mayor and Cat Davis as well as an established but not previously recognized approach in the field Autobiographical Therapeutic Performance by Susana Pendzik The book begins with an updated chapter on the

development of the profession of drama therapy in North America followed by a chapter on the current state of the field written by the editors and Jason Butler Section II includes the 13 drama therapy approaches and Section III includes the three related disciplines of Psychodrama and Sociodrama Playback Theatre and Theatre of the Oppressed that have been particularly influential to drama therapists This highly informative and indispensable volume is structured for drama therapy training programs It will continue to be useful as a basic text of drama therapy for both students and seasoned practitioners including mental health professionals such as counselors clinical social workers psychologists creative arts therapists occupational therapists theater and drama teachers school counselors and organizational development consultants

*Interactive and Improvisational Drama* Adam Blatner, 2007 Are you a drama student looking for other ways to practice in your field Perhaps you teach drama students or as a teacher want to enliven your lessons Are you an actor who wants to diversify your role repertoire Are you a therapist who uses active approaches to promote your clients creative potentials Maybe you want to be involved in a meaningful form of social action This is the book for you Thirty two innovators share their approaches to interactive and improvisational drama applied theatre and performance for education therapy recreation community building and personal empowerment You are holding the only book that covers the full range of dynamic methods that expand the theatre arts into new settings There are approaches that don't require memorizing scripts or mounting expensive productions Dramatic engagement should be recognized as addressing a far broader purpose There are ways that are playful and types of non scripted drama in which the audience become co actors This present book is unique in offering ways for participants to become more spontaneous and involved

*Resilience in Aging* Barbara Resnick, Lisa P. Gwyther, Karen A. Roberto, 2018-12-27 This updated and expanded second edition of *Resilience in Aging* offers a comprehensive description of the current state of knowledge with regard to resilience from physiological including genetic psychological including cognitive and creative cultural and economic perspectives In addition the book considers the impact of resilience on many critical aspects of life for older adults including policy issues economic cognitive and physiological challenges spirituality chronic illness and motivation The only book devoted solely to the importance and development of resilience in quality of life among older adults *Resilience in Aging* 2nd Edition continues to offer evidence based theory clinical guidelines and new and updated case examples and real world interventions so professional readers can make the best use of this powerful tool The critical insights in this volume are concluded with a discussion of future directions on optimizing resilience and the importance of a lifespan approach to the critical component of aging The book's coverage extends across disciplines and domains including Resilience and personality disorders in older age Cultural and ethnic perspectives on enhancing resilience in aging Sustained by the sacred religious and spiritual factors for resilience in adulthood and aging Building resilience in persons with early stage dementia and their care partners Interdisciplinary geriatric mental health resilience interventions Developing resilience in the aged and dementia care workforce Using

technology to enhance resilience among older adults This wide ranging and updated lifespan approach gives Resilience in Aging 2nd Edition particular relevance to the gamut of practitioners in gerontology and geriatrics including health psychologists neuropsychologists clinical psychologists psychiatrists social workers geriatricians family physicians nurses occupational and physical therapists among others Complementary and Integrative Therapies for Mental Health and Aging Helen Lavretsky, Martha Sajatovic, Charles F. Reynolds (III), 2016 A comprehensive summary of the state of the art of the field in clinical practice and research in the second decade of the 21st century Features future directions for research and clinical practice in integrative medicine and aging Group Techniques for Aging Adults Kathie T. Erwin, 2013 Elders can struggle with issues of social isolation and self esteem and benefit from having positive coping skills at their disposal The practical ideas Kathie Erwin imparts in this second edition help mental health professionals working with elderly populations to create an interactive multi modal program that addresses the issues and needs elders have The group modalities are defined in holistic contexts of mind body society and spirituality Among the group modalities are reminiscence bibliotherapy remotivation humor expressive art and therapeutic writing and sacred spaces which are new to this edition Mental health professionals appreciate the practical and detailed guidelines for how to design implement and monitor progress for various types of group modalities that allow them to put theory into practice easily Their elder clients will benefit from the methods they develop in group to deal with problems such as isolation and reduced social networks Creative Arts with Older Adults Naida Weisberg, Rosilyn Wilder, 1985 Jacqueline T Sunderland A first in their gerontological field this volume presents specific experiences and theories by 27 outstandingly creative arts leaders and therapists working with older adults in nursing homes community centers and psychiatric institutions All illustrate how the techniques of drama music art dance poetry and prose can contribute to the vitality and social interactive abilities of alert and confused ambulatory and non ambulatory older people This book is comprehensive and program oriented and will be of immeasurable help to professionals in the fields of ageing It is a lucid guide of successful and creative artistic programs which points the way to new dimensions for the field **Activities for Older People in Care Homes** Sarah Crockett, 2013-07-15 When tasked with providing activities for older people in care it can be difficult to know where to begin What constitutes an activity How can you make sure activities are positive and person centred What can you actually do Offering advice encouragement and a wealth of practical suggestions this is an indispensable companion for carers *The Encyclopedia of Elder Care* Eugenia L. Siegler, Elizabeth Capezuti, Mathy D. Mezey, 2007-10-25 Focusing on the broad but practical notions of how to care for the patient The Encyclopedia of Elder Care a state of the art resource features nearly 300 articles written by experts in the field Multidisciplinary by nature all aspects of clinical care of the elderly are addressed Coverage includes acute and chronic disease home care including family based care provisions nursing home care rehabilitation health promotion disease prevention education case management social services assisted living advance directives palliative care and much more Each

article concludes with specialty web site listings to help direct the reader to further resources Features new to this second edition More extensive use of on line resources for further information on topics Thoroughly updated entries and references Inclusion of current research in geriatrics reflecting evidence based practice New topics including Assisted Living Nursing Home Managed Care Self Neglect Environmental Modifications Home Institution Technology Neuropsychological Assessment Psychoactive Medications Pain Acute and Chronic Still the only reference of it kind The Encyclopedia of Elder Care will prove to be an indispensable tool for all professionals in the field of aging such as nurses physicians social workers counselors health administrators and more      The Encyclopedia of Elder Care Liz Capezuti, Michael L. Malone, MD, Paul R. Katz, MD, Mathy Doval Mezey, 2014 Print CourseSmart      Intergenerational Programs Sally Newman, 2014-06-03 First published in 1997 This work describes the relationship between intergenerational practice and theory by combining details about current programmes with developmental and societal information It presents the components for intergenerational programs that impact on the field s history current status and future the book introduces the basic theoretical information for this human service initiative      Resources in Education ,1999      The Encyclopedia of Elder Care Elizabeth Capezuti, Michael L. Malone, Ariba Khan, Steven L. Baumann, 2017-12-07 Praise for the Third Edition The third edition of this outstanding resource reflects the many advances in the care of older people that have occurred since the publication of the second edition The vast bulk of the content is accessible and relevant to an international audience The indexing and cross referencing are excellent Score 5 5 stars Margaret Arthur Nursing Standard The information in this book is amazing I reviewed topics in which I have expertise and was very satisfied This is an excellent addition to my library and I will refer to it often much like a medical dictionary Score 90 4 Stars Doody s Medical Reviews Provides 273 comprehensive yet succinct entries on a variety of topics related to elder care In addition many of the entries include see also references that help readers easily navigate the book Recommended Choice Current Reviews for Academic Libraries This expanded one of a kind reference of more than 250 entries provides a comprehensive guide to all of the essential elements of elder care across a breadth of health and social service disciplines Responding to the needs of providers directcare workers family and other caregivers the diverse array of entries included in this encyclopedia recognize and address the complex medical social and psychological problems associated with geriatric care In addition to a brief accessible summary of each topic entries include several key references including web links and mobile apps for additional sources of information This updated edition contains more than 30 new entries written by renowned experts that address a variety of elder care topics New to the Fourth Edition New entries addressing Ethics Consultation Eye Disorders Pain Acute and Chronic and many others Key Features Provides succinct descriptions of over 250 key topics for health and social service clinicians Offers crucial information for elder care providers across all settings and disciplines Distills current evidence based literature sources Written by nationally recognized expert researchers and clinicians Includes links to useful websites and mobile apps      **Handbook of Health**

**Social Work** Sarah Gehlert, Teri Browne, 2006-03-20 The Handbook of Health Social Work provides a comprehensive and evidence based overview of contemporary social work practice in health care Written from a wellness perspective the chapters cover the spectrum of health social work settings with contributions from a wide range of experts The resulting resource offers both a foundation for social work practice in health care and a guide for strategy policy and program development in proactive and actionable terms Three sections present the material The Foundations of Social Work in Health Care provides information that is basic and central to the operations of social workers in health care including conceptual underpinnings the development of the profession the wide array of roles performed by social workers in health care settings ethical issues and decision making in a variety of arenas public health and social work health policy and social work and the understanding of community factors in health social work Health Social Work Practice A Spectrum of Critical Considerations delves into critical practice issues such as theories of health behavior assessment effective communication with both clients and other members of health care teams intersections between health and mental health the effects of religion and spirituality on health care family and health sexuality in health care and substance abuse Health Social Work Selected Areas of Practice presents a range of examples of social work practice including settings that involve older adults nephrology oncology chronic diseases such as diabetes heart disease and HIV AIDS genetics end of life care pain management and palliative care and alternative treatments and traditional healers The first book of its kind to unite the entire body of health social work knowledge the Handbook of Health Social Work is a must read for social work educators administrators students and practitioners **Hearings, Reports and Prints of the Senate Committee on Human Resources** United States. Congress. Senate. Committee on Human Resources, 1979



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