Complications of Hypertension

Brain Stroke

Reduced blood supply to the brain can lead to rapid loss of brain function or stroke.



Vision Loss

Hypertensive Retinopathy High blood pressure can damage blood vessels in the retina, resulting in loss of vision.

Blood Vessel Damage

Atherosclerosis

Hypertension is a leading cause of atherosclerosis, the artery-narrowing process that can result in heart attack and stroke.



Heart Attack

Hypertension causes the heart to pump against high blood pressure, making it work harder than necessary. Over time, this causes the heart muscle to thicken, restricting blood flow which can lead to heart failure.

Kidney Failure

Damaged blood vessels in the kidneys can't effectively filter your blood, resulting in a dangerous accumulation of fluid and waste.





Bone Loss

High blood pressure may increase the amount of calcium in your urine. That excessive elimination of calcium may lead to loss of bone density (osteoporosis).



Effects Of Hypertension

Lei Huang



Effects Of Hypertension Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the energy of words has be much more evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Effects Of Hypertension**, a literary masterpiece that delves deep to the significance of words and their effect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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