

How smoking harms the body

Heart

Doubles the risk of having a heart attack



Lungs

It causes 84% of deaths from lung cancer and 83% of deaths from COPD



Circulation

Increase blood pressure and heart rate



Fertility (men)

Smoking can cause impotence in men



Bones

Can cause bones to become weak and brittle and increases the risk of osteoporosis in women



Brain

Increases risk of having a stroke by at least 50%



Mouth and throat

Increases risk of cancer in lips, tongue, throat, voice box and gullet (oesophagus)



Stomach

Increases chance of getting stomach cancer or ulcers



Fertility (women)

Smoking can make it harder to conceive



Skin

Prematurely ages skin by between 10 and 20 years



Health Issues Smoking

Ying Liu



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