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# THE HEALTH OF THE COUNTRY

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How American Settlers  
Understood Themselves  
and Their Land



CONEVERY BOLTON VALENCIUS

# Health Of The Country How American Settlers Understood Themselves And Their Land

**Peter Coates, David Moon, Paul Warde**



## **Health Of The Country How American Settlers Understood Themselves And Their Land:**

**The Health Of The Country How American Settlers Understood Themselves And Their Land** Conevery Bolton Valencius, 2002-07-31 Many have written about the settling of early 19th century America but until now no one has explored these settlers self consciousness about what they were doing what settling and cultivating the land itself meant In *The Health of the Country* Conevery Valencius shows that assessments of the sickness or health of land pervade settlers letters journals newspapers and literature evidence of the common sense of another time when land was believed to have intrinsic health characteristics and the human body was understood to be linked in intimate and intricate ways with similar balances in the surrounding world Valencius focuses her research on the Arkansas and Missouri territories from the time of the Louisiana Purchase to the Civil War capturing the excitement romanticism confusion and anxiety of the frontier experience and revealing how these emotions were bound up with settlers unique relationships with their land This is a complex and rewarding book a beautifully written fresh account of the gritty details of American expansion animated by the voices of the settlers themselves *The Health of the Country* Conevery Valencius, 2004-08-06 In this vivid history of American western expansion Conevery Bolton Valencius captures the excitement romanticism and confusion of the frontier experience as well as another less renowned reality of settling how terrifying the untamed wilderness of the West was to its homesteaders In a time when good health was thought to involve perfectly balanced humors settlers thought that the wild extremes of the borderlands disrupted the delicate equilibrium of their bodies Valencius is the first historian to show that the settlers primary criterion for uncharted land was its perceived health or sickness This is a beautifully written fresh account of the gritty details of American expansion animated by the voices of the settlers themselves **A Companion to American**

**Environmental History** Douglas Cazaux Sackman, 2010-02-12 *A Companion to American Environmental History* gathers together a comprehensive collection of over 30 essays that examine the evolving and diverse field of American environmental history Provides a complete historiography of American environmental history Brings the field up to date to reflect the latest trends and encourages new directions for the field Includes the work of path breaking environmental historians from the founders of the field to contributions from innovative young scholars Takes stock of the discipline through five topically themed parts with essays ranging from American Indian Environmental Relations to Cities and Suburbs **The World of Antebellum America** Alexandra Kindell, 2018-09-20 This set provides insight into the lives of ordinary Americans free and enslaved in farms and cities in the North and the South who lived during the years of 1815 to 1860 Throughout the Antebellum Era resonated the theme of change migration urban growth the economy and the growing divide between North and South all led to great changes to which Americans had to respond By gathering the important aspects of antebellum Americans lives into an encyclopedia *The World of Antebellum America* provides readers with the opportunity to understand how people across America lived and worked what politics meant to them and how they shaped or were shaped by economics

Entries on simple topics such as bread and biscuits explore workers need for calories the role of agriculture and gendered divisions of labor while entries on more complex topics such as aging and death disclose Americans feelings about life itself Collectively the entries pull the reader into the lives of ordinary Americans while section introductions tie together the entries and provide an overarching narrative that primes readers to understand key concepts about antebellum America before delving into Americans lives in detail

**America's True Mother Country?** G.H. Joost Baarsen,2014 This thesis analyzes American images of the Dutch since the second half of the 19th century Works by John Lothrop Motley 1814 1877 Douglas Campbell 1840 1893 and William Elliot Griffis 1843 1928 are explored to assess the transformation in American thinking about the Dutch of the Netherlands and Dutch Americans These writers celebrate the Dutch as proto Americans while using the characteristically American typological approach to history to make sense of themselves and their country

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A Companion to the History of American Science Georgina M. Montgomery,Mark A. Largent,2015-10-07 A Companion to the History of American Science offers a collection of essays that give an authoritative overview of the most recent scholarship on the history of American science Covers topics including astronomy agriculture chemistry eugenics Big Science military technology and more Features contributions by the most accomplished scholars in the field of science history Covers pivotal events in U S history that shaped the development of science and science policy such as WWII the Cold War and the Women s Rights movement

A Regional Geography of the United States and Canada Chris Mayda,2012-08-08 In this comprehensive new text Chris Mayda offers an exciting alternative to conventional North American geographies Throughout her thorough discussion of the physical and human geography of the United States and Canada the author weaves in the key themes of environment and sustainability Combining incisive analysis rich description human stories and vibrant photographs this text offers a complete and vivid portrait of the region from human physical and cultural perspectives Designed expressly for ease of teaching and learning the book features color photographs and maps throughout chapter highlights key term and place listings for each chapter discussion questions and a glossary

Bodily Natures Stacy Alaimo,2010-10-25 How do we understand the agency and significance of material forces and their interface with human bodies What does it mean to be human in these times with bodies that are inextricably interconnected with our physical world Bodily Natures considers these questions by grappling with powerful and pervasive material forces and their increasingly harmful effects on the human body Drawing on feminist theory environmental studies and the sciences Stacy Alaimo focuses on trans corporeality or movement across bodies and nature which has profoundly altered our sense of self By looking at a broad range of creative and philosophical writings Alaimo illuminates how science politics and culture collide while considering the closeness of the human body to the environment

**The Place with No Edge** Adam Mandelman,2020-04-08 In The Place with No Edge Adam Mandelman follows three centuries of human efforts to inhabit and control the lower Mississippi River delta the vast watery flatlands spreading across much of southern Louisiana He finds that

people's use of technology to tame unruly nature in the region has produced interdependence with rather than independence from the environment. Created over millennia by deposits of silt and sand, the Mississippi River delta is one of the most dynamic landscapes in North America. From the eighteenth century establishment of the first French fort below New Orleans to the creation of Louisiana's Coastal Master Plan in the 2000s, people have attempted to harness and master this landscape through technology. Mandelman examines six specific interventions employed in the delta over time: levees, rice flumes, pullboats, geophysical surveys, dredgers, and petroleum cracking. He demonstrates that even as people seemed to gain control over the environment, they grew more deeply intertwined with and vulnerable to it. The greatest folly Mandelman argues is to believe that technology affords mastery. Environmental catastrophes of coastal land loss and petrochemical pollution may appear to be disconnected, but both emerged from the same fantasy of harnessing nature to technology. Similarly, the levee system's failures and the subsequent deluge after Hurricane Katrina owe as much to centuries of human entanglement with the delta as to global warming's rising seas and strengthening storms. The Place with No Edge advocates for a deeper understanding of humans' relationship with nature. It provides compelling evidence that altering the environment, whether to make it habitable, profitable, or navigable, inevitably brings a response, sometimes with unanticipated consequences.

Mandelman encourages a mindfulness of the ways that our inventions engage with nature and a willingness to intervene in responsible, respectful ways. **Inescapable Ecologies** Linda Nash, 2007-01-05 Among the most far-reaching effects of the modern environmental movement was the widespread acknowledgment that human beings were inescapably part of a larger ecosystem. With this book, Linda Nash gives us a wholly original and much longer history of ecological ideas of the body as that history unfolded in California's Central Valley. Taking us from nineteenth-century fears of miasmas and faith in wilderness cures to the recent era of chemical pollution and cancer clusters, Nash charts how Americans have connected their diseases to race and place, as well as dirt and germs. In this account, the rise of germ theory and the pushing aside of an earlier environmental approach to illness constituted not a clear triumph of modern biomedicine but rather a brief period of modern amnesia. As Nash shows us, place-based accounts of illness re-emerged in the postwar decades, galvanizing environmental protest against smog and toxic chemicals. Carefully researched and richly conceptual, **Inescapable Ecologies** brings critically important insights to the histories of environment, culture, and public health while offering a provocative commentary on the human relationship to the larger world. **The Fall and Rise of the Wetlands of California's Great Central Valley** Philip Garone, 2020-03-03 This is the first comprehensive environmental history of California's Great Central Valley, where extensive freshwater and tidal wetlands once provided critical habitat for tens of millions of migratory waterfowl. Weaving together ecology, grassroots politics, and public policy, Philip Garone tells how California's wetlands were nearly obliterated by vast irrigation and reclamation projects but have been brought back from the brink of total destruction by the organized efforts of duck hunters, whistle-blowing scientists, and a broad coalition of conservationists. Garone examines

the many demands that have been made on the Valley's natural resources especially by large scale agriculture and traces the unforeseen ecological consequences of our unrestrained manipulation of nature He also investigates changing public and scientific attitudes that are now ushering in an era of unprecedented protection for wildlife and wetlands in California and the nation

**Interpreting the Environment at Museums and Historic Sites** Debra A. Reid, David D. Vail, 2019-09-19

Interpreting the Environment at Museums and Historic Sites is for anyone who wants to better understand the environment that surrounds us and sustains us who wants to become a better steward of that environment and who wants to share lessons learned with others The process starts by focusing attention on the environment the physical space that constitutes the largest three dimensional object in museum collections It involves conceptualizing spaces and places of human influence spaces that contain layer upon layer documenting human struggles to survive and thrive This evidence exists in natural environments as well as city centers The process continues by adopting an environment centric view of the spaces destined to be interpreted This mind set forms the basis for devising research plans that document how humans have changed destroyed conserved and sustained spaces over time and the ways that the environment reacts Interpretation built on this evidence then becomes the basis for minds on engagement with the places that humans inhabit and the spaces that they have changed and continue to manipulate Interpreting the Environment at Museums and Historic Sites provides a tool kit designed to help you research environmental history document evidence of human influence on land and the environment over time and tailor that knowledge to new public engagement It proposes a multi disciplinary approach that requires expertise in the humanities as well as the sciences and social sciences to best understand space and place over time It incorporates case studies of the theory and method of environmental history to explore how human goals take lasting shape in the environment creating working environments getting water generating and harnessing power growing food traveling and trading building things and preserving natural landscapes Features include the Interpreting the Environment Tool Kit to help you launch the good work of interpreting the environment Raw Materials the evidence landscape ecosystems artifacts and the built environment Preparation methods thinking like a naturalist scientist thinking like a historian combining approaches Planning envisioning the goal proactive message stewardship sustainability Partnerships sharing work strength in numbers allying across disciplinary divides united in efforts to inform the public about their individual and collective effects on the landscape and the environment Potential educating the public about people and places is part of a world wide goal with the cumulative effect of saving the planet one story at a time A Timeline and Bibliographic essay round out the book's resources

*Issachar Bates* Carol Medlicott, 2013 Issachar Bates 1758-1837 was a Revolutionary War veteran in rural upstate New York who at the age of forty three abruptly turned from his family life to become a celibate Shaker He immediately became instrumental in Shakerism's westward expansion and his personal charisma persuasive preaching and musical talent helped stimulate the movement's growth Bates drew western converts in abundance profoundly changing the

character of Shakerism by increasing its geographic reach He also helped shape the Shakers unique theology and hymnody through his many influential texts and songs

**A Geography of Digestion** Nicholas Bauch, 2017 A Geography of Digestion explores the legacy of the Kellogg Company one of America's most enduring and storied food enterprises In the late nineteenth century company founder John H Kellogg was experimenting with state of the art advances in nutritional and medical science at his Battle Creek Sanitarium At the same time he was involved in overhauling the form and function of the broader landscapes in which his health practice was situated Innovations in food manufacturing machinery urban sewer infrastructure and agricultural technology came together to forge an extensible geography of his patients bodies changing the way Americans consumed and digested food In this novel approach to the study of the Kellogg enterprise Nicholas Bauch asks his readers to think geographically about the process of digesting food Beginning with the stomach Bauch moves outward from the sanitarium through the landscapes and technologies that materialized Kellogg's particular version of digestion Far from a set of organs confined to the epidermal bounds of the body the digestive system existed in other places Moving from food processing machines to urban sewerage to agricultural fields A Geography of Digestion paints a grounded portrait of one of the most basic human processes of survival the incorporation of food into our bodies leading us to question where exactly our bodies are located Provided by publisher

**Doctoring the South** Steven M. Stowe, 2011-01-20 Offering a new perspective on medical progress in the nineteenth century Steven M Stowe provides an in depth study of the midcentury culture of everyday medicine in the South Reading deeply in the personal letters daybooks diaries bedside notes and published writings of doctors Stowe illuminates an entire world of sickness and remedy suffering and hope and the deep ties between medicine and regional culture In a distinct American region where climate race and slavery and assumptions about southernness profoundly shaped illness and healing in the lives of ordinary people Stowe argues that southern doctors inhabited a world of skills medicines and ideas about sickness that allowed them to play moral as well as practical roles in their communities Looking closely at medical education bedside encounters and medicine's larger social aims he describes a country orthodoxy of local social medical practice that highly valued the art of medicine While not modern in the sense of laboratory science a century later this country orthodoxy was in its own way modern Stowe argues providing a style of caregiving deeply rooted in individual experience moral values and a consciousness of place and time

**Razing Kids** Jeffrey C. Sanders, 2020-12-10 Children are the future Or so we like to tell ourselves In the wake of the Second World War Americans took this notion to heart Confronted by both unprecedented risks and unprecedented opportunities they elevated and perhaps exaggerated the significance of children for the survival of the human race Razing Kids analyzes the relationship between the postwar demographic explosion and the birth of postwar ecology In the American West especially workers policymakers and reformers interwove hopes for youth environment and the future They linked their anxieties over children to their fears of environmental risk as they debated the architecture of wartime playgrounds planned housing developments

and the impact of radioactive particles released from distant hinterlands They obsessed over how riot riddled cities War on Poverty era rural work camps and pesticide laden agricultural valleys would affect children Nervous about the world they were making their hopes and fears reshaped postwar debates about what constituted the social and environmental good

Southern Waters Craig E. Colten, 2014-10-13 Water has dominated images of the South throughout history from Hernando de Soto's 1541 crossing of the Mississippi to tragic scenes of flooding throughout the Gulf South after Hurricane Katrina But these images tell only half the story as urban industrial and population growth create unprecedented demands on water in the South the problems of pollution and water shortages grow ever more urgent In Southern Waters The Limits to Abundance Craig E Colten addresses how the South in an environment fraught with uncertainty can navigate the twin risks of too much water and not enough From the arrival of the first European settlers the South's inhabitants have pursued a course of maximum exploitation and control of the area's plentiful waters investing widely in wetland drainage and massive flood control projects Disputes over southern waterways go back nearly as far obstruction of fish migration by mill dams prompted new policies to protect aquatic life as early as the colonial era Colten argues that such conflicts which have heightened dramatically since the explosive urbanization of the mid twentieth century will only become more frequent and intense making the shift toward sustainable use a national imperative In tracing the evolving uses and abuses of southern waters Colten offers crucial insights into the complex historical geography of water throughout the region A masterful analysis of the ways in which past generations harnessed and consumed water Southern Waters also stands as a guide to adapting our water usage to cope with the looming shortage of this once abundant resource

Madness in the City of Magnificent Intentions Martin Summers, 2019-07-10 From the mid nineteenth to the late twentieth centuries Saint Elizabeths Hospital was one of the United States most important institutions for the care and treatment of the mentally ill Founded in 1855 to treat insane soldiers and sailors as well as civilian residents in the nation's capital the institution became one of the country's preeminent research and teaching psychiatric hospitals From the beginning of its operation Saint Elizabeths admitted black patients making it one of the few American asylums to do so This book is a history of the hospital and its relationship to Washington DC's African American community It charts the history of Saint Elizabeths from its founding to the late 1980s when the hospital's mission and capabilities changed as a result of deinstitutionalization and its transfer from the federal government to the District of Columbia Drawing on a wide variety of sources including patient case files the book demonstrates how race was central to virtually every aspect of the hospital's existence from the ways in which psychiatrists understood mental illness and employed therapies to treat it to the ways that black patients experienced their institutionalization The book argues that assumptions about the existence of distinctive black and white psyches shaped the therapeutic and diagnostic regimes in the hospital and left a legacy of poor treatment of African American patients even after psychiatrists had begun to reject racist conceptions of the psyche Yet black patients and their communities asserted their



own agency and exhibited a rights consciousness in large and small ways from agitating for more equal treatment to attempting to manage the therapeutic experience

**Local Places, Global Processes** Peter Coates, David Moon, Paul Warde, 2016-02-29 We live in an age of unprecedented environmental change global interconnected and universal Yet though our lives are inextricably connected to global processes and increasingly mobile we still live in particular places Our perceptions of change and what kind of change might be for good or ill are shaped by the interaction of localised experience and the wider forces of transformation Local Places Global Processes examines how these relationships have been shaped in Britain over time in three ways First through essays addressing influential ways of understanding and debating questions of the state of nature These are complemented by case studies on conservation landscape change and management and how perceptions of environmental change have emerged or been discarded over time Chapters also draw on a series of site based workshops that brought together historians landscape managers and artists to discuss and reflect on particular sites Wicken Fen in Cambridgeshire owned by the National Trust and the first British nature reserve the Quantock Hills Area of Outstanding Natural Beauty in Somerset England s first AONB and a landscape enriched by Romantic association and the landscape of Kielder Water and Forest a land of superlatives in Northumberland in north eastern England the largest planted forest and artificial lake in northern Europe The multi disciplinary approach draws together the exchanges artworks and writing assembled at these workshops and afterwards This opens up how being in a place and engaging with ideas attached to it shape perceptions of the environment It provides resources with which landscape managers can think about their tasks and engage various publics in discussion about future environments in light of these histories of place Rather than a history of these three places this is history written from them

*Mockingbird Song* Jack Temple Kirby, 2006 A personal and passionate recounting of the human nature relationship in the South is offered in a narrative that explores all of the South s peoples and their landscapes and also relates what southerners have thought about their part of the earth

## Unveiling the Magic of Words: A Report on "**Health Of The Country How American Settlers Understood Themselves And Their Land**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Health Of The Country How American Settlers Understood Themselves And Their Land**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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### **Table of Contents Health Of The Country How American Settlers Understood Themselves And Their Land**

1. Understanding the eBook Health Of The Country How American Settlers Understood Themselves And Their Land
  - The Rise of Digital Reading Health Of The Country How American Settlers Understood Themselves And Their Land
  - Advantages of eBooks Over Traditional Books
2. Identifying Health Of The Country How American Settlers Understood Themselves And Their Land
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Health Of The Country How American Settlers Understood Themselves And Their Land
  - User-Friendly Interface
4. Exploring eBook Recommendations from Health Of The Country How American Settlers Understood Themselves And Their Land

## **Health Of The Country How American Settlers Understood Themselves And Their Land**

---

- Personalized Recommendations
  - Health Of The Country How American Settlers Understood Themselves And Their Land User Reviews and Ratings
  - Health Of The Country How American Settlers Understood Themselves And Their Land and Bestseller Lists
5. Accessing Health Of The Country How American Settlers Understood Themselves And Their Land Free and Paid eBooks
- Health Of The Country How American Settlers Understood Themselves And Their Land Public Domain eBooks
  - Health Of The Country How American Settlers Understood Themselves And Their Land eBook Subscription Services
  - Health Of The Country How American Settlers Understood Themselves And Their Land Budget-Friendly Options
6. Navigating Health Of The Country How American Settlers Understood Themselves And Their Land eBook Formats
- ePub, PDF, MOBI, and More
  - Health Of The Country How American Settlers Understood Themselves And Their Land Compatibility with Devices
  - Health Of The Country How American Settlers Understood Themselves And Their Land Enhanced eBook Features
7. Enhancing Your Reading Experience
- Adjustable Fonts and Text Sizes of Health Of The Country How American Settlers Understood Themselves And Their Land
  - Highlighting and Note-Taking Health Of The Country How American Settlers Understood Themselves And Their Land
  - Interactive Elements Health Of The Country How American Settlers Understood Themselves And Their Land
8. Staying Engaged with Health Of The Country How American Settlers Understood Themselves And Their Land
- Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Health Of The Country How American Settlers Understood Themselves And Their Land
9. Balancing eBooks and Physical Books Health Of The Country How American Settlers Understood Themselves And Their Land
- Benefits of a Digital Library
  - Creating a Diverse Reading Collection Health Of The Country How American Settlers Understood Themselves And Their Land

10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Health Of The Country How American Settlers Understood Themselves And Their Land
  - Setting Reading Goals Health Of The Country How American Settlers Understood Themselves And Their Land
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Health Of The Country How American Settlers Understood Themselves And Their Land
  - Fact-Checking eBook Content of Health Of The Country How American Settlers Understood Themselves And Their Land
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

### Health Of The Country How American Settlers Understood Themselves And Their Land Introduction

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