

Antonia C. Lyons and Kerry Chamberlain

Health Psychology

A Critical Introduction



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Health Psychology A Critical Introduction

**Anna van Wersch, Mark Forshaw, Tina
Cartwright**



Health Psychology A Critical Introduction:

Health Psychology , Health Psychology is a bimonthly journal published by the American Psychological Association APA The journal is a scholarly journal that explores scientific relationships between behavioral principles on the one hand and physical health and illness on the other The APA provides access to the tables of contents for the current and previous issues Manuscript submission guidelines and subscription details are available **Health Psychology** Antonia C. Lyons,Kerry Chamberlain,2006-02-16 This textbook aims to provide students with a stimulating alternative to the textbooks currently available by placing the discipline within the context of the social world and encouraging them to question some of the assumptions and values underlying much current research A comprehensive survey of the discipline is provided framed within a lifespan approach and emphasising social cultural factors such as gender ethnicity and social economic status All major topics are covered including health behaviours health promotion coping strategies stress biomedical and biopsychosocial models of health and illness chronic illnesses psychoneuroimmunology disability pain and patient provider communication Each topic is situated within its social and cultural context and constantly linked back to real world experience Chapters include valuable features such as research updates learning objectives and recommended readings This book will be an invaluable resource for students of health psychology across a range of disciplines including psychology anthropology and health studies *Critical Health Psychology* Michael Murray,2017-09-16 What is critical health psychology How is it changing the way we think about topics like ageing the community and gender What can it tell us about our understanding of health and illness The second edition of this highly regarded text has been thoroughly updated to take account of the changes in the field over the last decade It includes new chapters on ageing and health critical disability studies and critical anthropology and it features contributions from world leading researchers Examining the debates and disputes that lie at the heart of health psychology this new edition offers a refreshing critical perspective It is invaluable reading for students of health psychology critical psychology and community psychology The Sage Handbook of Health Psychology Katherine Brown,Cecilia Cheng,Martin Hagger,Kyra Hamilton,Stephen R Sutton,2025-06-28 The Sage Handbook of Health Psychology 2e Volume One Contexts Theory and Methods in Health Psychology is focused on the foundational contexts theories and methods that underpin health psychology today The Handbook covers diverse perspectives including socio political cultural and ethical issues and provides an in depth exploration of biological health psychology theories of health related behavior and advanced research methodologies Essential for postgraduate students researchers and practitioners this Handbook offers a comprehensive overview of the current state of research and knowledge in health psychology Section One Contexts and Perspectives Section Two Theories of Health Related Behavior Section Three Biological Health Psychology Theories and Approaches Section Four Methods and Measurement in Health Psychology **Qualitative Research in Clinical and Health Psychology** Poul Rohleder,Antonia Lyons,2017-09-16 Why are qualitative methods so

important to clinical and health psychology research How do you decide which methods to use Can you successfully combine qualitative and quantitative methods Qualitative Research in Clinical and Health Psychology Features contributions from world leading experts in the field Includes chapters on issues methodologies and methods often overlooked in qualitative research books including psychoanalytic methods and discussions of culture and language Uses a wealth of examples from research projects to show you how to apply the theory to real research This comprehensive textbook is the ideal guide for anybody who wishes to develop their understanding of qualitative methods and to learn how to apply them in clinical and health psychology

Critical Issues in Clinical and Health Psychology Poul Rohleder, 2012-04-20 This book extends the ongoing discussion on critical approaches within clinical and health psychology In particular it emphasises the need to consider the importance of social and cultural factors in understanding health illness and disability With detailed examination of a wide range of empirical studies it demonstrates the vibrancy of contemporary critical psychological research Michael Murray Keele University Provides an original overview of areas within health and clinical psychology that are frequently overlooked in other textbooks It is distinctive in three major ways first it takes an explicitly critical approach and therefore locates our current psychological understandings of issues within health and clinical psychology within their broader social and cultural contexts Second it considers both physical and mental health simultaneously which is a major strength Third it is unique in its scope and focus In achieving these distinctive features this text competently draws on up to date research and literature across a range of disciplines and fields in an accessible and engaging manner I personally think it should be a must read for all those studying and working within the health psychology field Antonia Lyons Massey University This textbook gives a clear and thought provoking introduction to the critical issues related to health illness and disability in clinical and health psychology Challenging some of the preconceptions of ill health of the biomedical approach the book explores how health and illness is often shaped by factors such as culture poverty gender and sexuality and examines how these influences impact on the experience and treatment of physical and mental illness as well as disability Students are introduced to literature from disciplines other than psychology to provide multiple perspectives on these complex issues Critical Issues in Clinical and Health Psychology is a key textbook for undergraduate and postgraduate students taking courses in health or clinical psychology as well as for students from other disciplines related to health and mental health care

Handbook of Critical Psychology Ian Parker, 2015-04-17 Choice Recommended Read Critical psychology has developed over time from different standpoints and in different cultural contexts embracing a variety of perspectives This cutting edge and comprehensive handbook values and reflects this diversity of approaches to critical psychology today providing a definitive state of the art account of the field and an opening to the lines of argument that will take it forward in the years to come The individual chapters by leading and emerging scholars plot the development of a critical perspective on different elements of the host discipline of psychology The book begins by systematically addressing each separate specialist area of psychology

before going on to consider how aspects of critical psychology transcend the divisions that mark the discipline The final part of the volume explores the variety of cultural and political standpoints that have made critical psychology such a vibrant contested terrain of debate The Handbook of Critical Psychology represents a key resource for researchers and practitioners across all relevant disciplines It will be of particular interest to students and researchers in psychology psychosocial studies sociology social anthropology and cultural studies and to discourse analysts of different traditions including those in critical linguistics and political theory **The Palgrave Handbook of Critical Social Psychology** Brendan Gough, 2025-05-19

This handbook is the second edition of a highly cited and impactful collection which was the first to bring together the latest theory and research on critical approaches to social psychological challenges Edited by a leading authority in the field the volume helped to establish critical social psychology as a discipline of study distinct from mainstream social psychology The book helps to explain how critical approaches to social processes and phenomena are essential to fully understanding them and covers the main research topics in basic and applied social psychology including social cognition identity and social relations alongside overviews of the main theories and methodologies that underpin critical approaches This second edition adds four new chapters from two UK authors one US and one from New Zealand on the subjects of Indigenous Psychologies M ori communities Deleuze and arts based research It also adds a new introduction from the editor This volume features a range of leading authors working on key social psychological issues and highlights a commitment to a social psychology which shuns psychologisation reductionism and neutrality It provides invaluable insight into many of the most pressing and distressing issues we face in modern society including the migrant and refugee crises affecting Europe the devaluing of black lives in the USA and the poverty ill health and poor mental well being that has resulted from ever increasing austerity efforts in the UK Including sections on critical perspectives critical methodologies and critical applications this volume also focuses on issues within social cognition self and identity This one stop handbook is an indispensable resource for a range of academics students and researchers in the fields of psychology and sociology and particularly those with an interest in social identity power relations and critical interventions **Psychology Express: Health Psychology (Undergraduate Revision Guide)**

Angel Chater, Erica Cook, 2014-06-17 The Psychology Express undergraduate revision guide series will help you to understand key concepts quickly revise effectively and make sure your answers stand out Each text is tailored to engage the reader and help you Prepare for exams and coursework using sample questions and assessment advice Maximise your marks and approach exams with confidence Quickly grasp key research critical issues and practical applications This new addition to the Psychology Express revision guide series will provide concise coverage of the key areas of health psychology

Advances in Health Psychology Christine Horrocks, Sally Johnson, 2017-09-16 Why did critical health psychology emerge How have categories of social class and gender impacted on social identities Where can health policy go from here and how will health psychology inform its development With contributions from leading experts in the field this book deepens our

understanding of health psychology at a time where traditional approaches are being rethought Covering contemporary issues and with a focus on both mainstream and non traditional areas including material on social identities and social class gender and leadership in the NHS the book provides cutting edge coverage of theory and research Crucially the book considers how theory impacts on practice and how health psychology can ignite change in health policy Covering important issues with clear and fresh insight this is indispensable reading for students researchers and practitioners of health psychology health studies and public health

Critical Psychology Derek Hook,2004 Offers a broad introduction to critical psychology and explores the socio political contexts of post apartheid South Africa This title expands on the theoretical resources usually referred to in the field of critical psychology by providing substantive discussions on Black Consciousness Post colonialism and Africanist forms of critique

Health Promotion: A Psychosocial Approach Stephens, Christine,2008-10-01 Health Promotion provides a critical and theoretical basis for practice in social and community approaches to health promotion

The Sage Handbook of Qualitative Research Quality Uwe Flick,2024-12-12 This Sage Handbook presents an interdisciplinary collection of chapters exploring how to assess the quality of collecting and analysing qualitative data while maintaining a focus on diversity digital and critical approaches The Handbook considers essential questions such as what is good qualitative research What makes qualitative research good research And how can we make qualitative research better research Contributions come from a wide array of experts and highlight answers to questions from various disciplinary and geographical areas from mixed methods to multimodal and online research from specific types of data and methods to specific target groups and from theoretical and epistemological contexts to those where funding has an impact on how research is done and assessed Qualitative research has evolved in many respects in recent decades and has grown increasingly multidisciplinary Research in general is facing new challenges around how to take diversity and decolonisation into account in what researchers do as well as how to produce and communicate qualitative research quality This Handbook offers a timely overview of such developments and will support researchers involved in planning designing doing and evaluating qualitative research in developing an increased sensitivity for contemporary debates and challenges in the field Part I Philosophies and Epistemologies of Qualitative Research Quality Part II Disciplinary Discourses of Qualitative Research Quality Part III Qualitative Research Quality for Specific Approaches Part IV Rethinking Qualitative Research Quality for Specific Methods and Data Part V Rethinking Strategies for Quality in Qualitative Research Part VI Rethinking Criteria for Quality in Qualitative Research Part VII Extending Contexts and Challenges for Qualitative Research Quality

The SAGE Handbook of Qualitative Research Design Uwe Flick,2022-03-17 Qualitative research design is continually evolving It is not only more established in disciplines beyond the traditional social sciences in which it is a standard choice but also just as impacted by the changes in what data technologies and approaches researchers are using This Handbook takes readers through the foundational theories functions strategies and approaches to qualitative research design before

showcasing how it negotiates different data and research environments and produces credible actionable impact beyond the study. Containing contributions from over 90 top scholars from a range of social science disciplines, this Handbook is not just an anthology of different qualitative research designs and how when to use them; it is a complete exploration of how and why these designs are shaped and how why and into what they are evolving. This is a valuable resource for Master's and PhD level students, faculty members and researchers across a wide range of disciplines such as health, nursing, psychology, social work, sociology and education.

Volume One

Part 1 Concepts of Designing Designs in Qualitative Research

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Part 3 Elements of Designing Qualitative Research

Part 4 Basic Designs and Research Strategies in Qualitative Research

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Part 7 Designing Qualitative Online and Multimodal Research

Part 8 Designing Qualitative Research for Specific Groups and Areas

Part 9 Designing Qualitative Research in Disciplinary Fields

Part 10 Designing Qualitative Research for Impact

Routledge Handbook of Qualitative Research in Sport and Exercise Brett Smith, Andrew C. Sparkes, 2016-09-13

The last two decades have witnessed a proliferation of qualitative research in sport and exercise. The *Routledge Handbook of Qualitative Research in Sport and Exercise* is the first book to offer an in-depth survey of established and emerging qualitative methods from conceptual first principles to practice and process. Written and edited by a team of world-leading researchers and some of the best emerging talents, the book introduces a range of research traditions within which qualitative researchers work. It explores the different methods used to collect and analyse data, offering rationales for why each method might be chosen and guidance on how to employ each technique successfully. It also introduces important contemporary debates and goes further than any other book in exploring new methods, concepts and future directions such as sensory research, digital research, visual methods and how qualitative research can generate impact. Cutting-edge, timely and comprehensive, the *Routledge Handbook of Qualitative Research in Sport and Exercise* is an essential reference for any student or scholar using qualitative methods in sport and exercise-related research.

From Health Behaviours to Health Practices Simon Cohn, 2014-08-25

A wide range of international contributions draw on theoretical and empirical sources to explore whether alternatives exist to both conceptualise and conduct research into what people do and don't do in relation to their health and experiences of illness. Presents a collection of international contributions that complement as well as critique dominant conceptualisations of health behaviour. Includes a wide range of both theoretical perspectives and empirical cases. Reasserts the unique contribution social sciences can make to health research. Challenges assumptions about the usefulness of the concept of health behaviour. A timely publication given the rise of chronic and lifestyle diseases and the resulting changes in global health agendas.

Complementary Medicine and Health Psychology Anna van Wersch, Mark Forshaw, Tina Cartwright, 2009-10

This unique book is the first to bring together the world of health psychology with that of complementary and alternative medicine (CAM). The authors draw on their

wealth of experience as health psychologists to explore the relationship between health psychology and CAM and look at how an understanding of one can be used to inform the other Through an open minded but rigorous approach to CAM the authors identify where psychology can help to answer some crucial questions such as why CAM sometimes appears to work why sometimes it does not and why some people are drawn to it and others not Key topics covered include models of the person health beliefs and experimental psychology placebo research methods in CAM stress coping and stress management pain and chronic illness communications and interactions between client and therapist While CAM has often been dismissed out of hand by scientists the authors maintain that it deserves attention as a psychological phenomenon alone regardless of the actual efficacy as understood by existing research This book s insightful observations on contemporary meanings of health and illness and the future of CAM and health psychology make it important reading for all psychologists and health professionals

Critical Psychology Dennis Fox, Isaac Prilleltensky, Stephanie Austin, 2009-02-16 Do read this book it will refresh you if you have not come across critical psychology before If you are already critical this is an excellent up to date overview of the area THE Times Higher Education An excellent book in all respects compulsory reading for scholars interested in a socio political contextual analysis of complex human behaviour Professor David F Marks City University London The arrival of a Second Edition of this classic is an exciting event The editors have assembled a world class array of authors to bring students to the forefront of critical scholarship today Adding to the work s lustre are fresh new chapters on critical social issues along with a set of new pedagogical aids Bravo Kenneth J Gergen Senior Research Professor Swarthmore College The Second Edition of Critical Psychology extends the original s comprehensive and accessible critique of mainstream psychology Fully revised reconfigured and expanded the Second Edition explores critical psychology s continued growth and diversification offering practical advice and noting significant theoretical and political dilemmas confronting critical psychologists today While other texts focus on narrower specialties within critical psychology or on specific theoretical or methodological perspectives Critical Psychology retains its focus on critical psychology as a whole Key features of the new edition include each chapter now also includes a summary of main points a glossary of important terms suggested readings and Internet sites and questions for discussion the book s contributors most of them new have thoroughly updated the original chapters and provide multiple perspectives on critical psychology s core concerns reflecting recent developments Parts Three and Four are completely new to this edition Part Three provides in depth coverage of critical psychology s relevance to social justice focusing on the issues of race class gender disability colonization globalization human rights social justice in post conflict settings and oppression empowerment in mental health systems Part Four examines critical psychology practice from theory methodology and therapy to community organizing and the politics of resistance

The Palgrave Handbook of Ethics in Critical Research Catriona Ida Macleod, Jacqueline Marx, Phindezwa Mnyaka, Gareth J. Treharne, 2018-05-22 This handbook highlights the growing tensions surrounding the current dominant

ethical clearance model which is increasingly being questioned particularly in critical research. It draws on stories from the field in critical research conducted in a range of contexts and countries and on an array of topics. The authors involved in this collection encountered dilemmas, contradictions, and surprises that brought about a change in their understanding of ethics. Throughout the book, they discuss how ethics is an ongoing and situated struggle that requires researchers at times to traverse traditional ethical imperatives. Four sections lead readers through the complexities of grounded ethical practice, encountering systems including Ethics Committees and institutions blurring boundaries within research, the politics of voice, anonymity and confidentiality, and power relations in researching down, up, and alongside. This handbook is a resource for social science researchers using critical methodologies across a range of disciplines as well as for students and teachers of ethics in navigating the quandaries of doing good while doing good research.

Fallacy Of Mother's Wisdom, The: A Critical Perspective On Health Psychology Michael S Myslobodsky, 2004-10-25. Health psychology is an offer of help, an effort to understand how biological, behavioral, and social factors influence health and illness. As one of the fast-growing sub-specialties, it has now outstripped other divisions of psychology in terms of excitement in the public eye. And yet a new occupation was built on somewhat unrealistic, idealized assumptions. The title of this book was therefore chosen to emphasize the fact that an extensive critique of those assumptions is essential. This book proposes arbitrary boundaries for a discourse on health psychology. The array of subjects is based on two major themes: the foundation of health psychology and the range of disorders where psychological knowledge might benefit the sick, and the question of whether or not health psychology has a systematic and pragmatic structure so as to qualify as a profession.

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