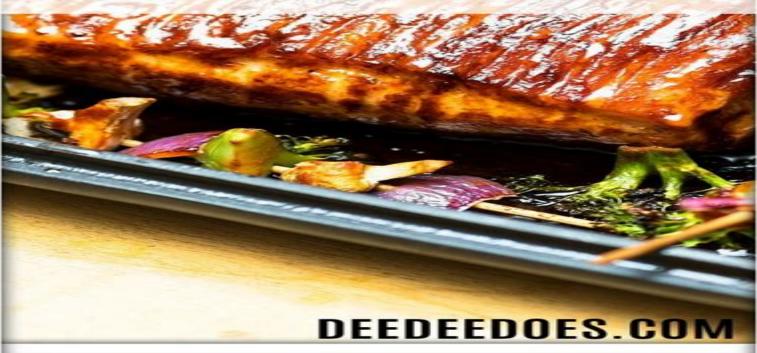


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# **Heart Watchers Complete Diet And Menu Planner**

Patti Lou Watkins, George A. Clum

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