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"The bible for women and heart disease."—CHRISTIANE NORTHRUP, M.D.,
bestselling author of *Women's Bodies*, *Women's Wisdom*

The Women's Healthy Heart Program

Originally published as
Women Are Not Small Men

*Lifesaving Strategies
for Preventing
and Healing
Heart Disease*



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Heart Of A Woman Preventing And Healing Heart Disease

EW Minium



Heart Of A Woman Preventing And Healing Heart Disease:

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