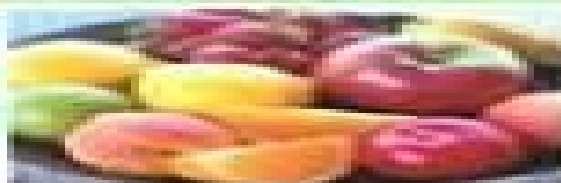
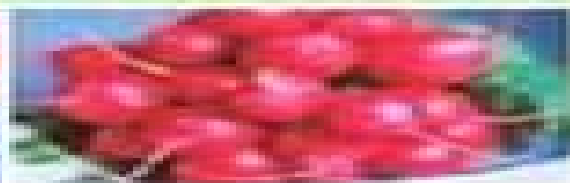
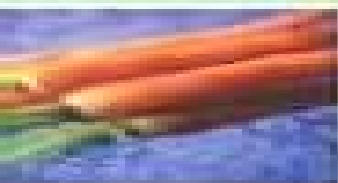


# FOOD EXCHANGE

## POCKET GUIDE



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- Alphabetical food listings
- Perfect for people on the go
- Convenient & pocket-sized
- Quick & easy to use

plus! includes exchanges  
for favorite fast-food  
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# First Place Food Exchange Pocket Guide

**Siddappa N.Byrareddy**



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