

# CPR GUIDE

## INFANT (< 1 Year)

In an emergency situation the DRSABCD flowchart must be followed first. If you have done so and deem CPR necessary for the infant then follow the diagrams below.



CPR is performed at a ratio of

**30** compressions



**2** rescue breaths



**01** Perform 30 compressions moderately hard and fast - at a rate of **100-120** per minute.



Use two fingers



Infant is on a firm surface on their back

**02** Perform 2 rescue breaths.



Form a tight seal over the infant's nose and mouth and breathe steadily

Watch for the rise and fall of the chest



If an AED is available - turn AED on and follow the AED's instructions.



Pad position for male/female infant

Alternate position for male/female infant if the pads would touch

**CONTINUE CPR UNTIL THE INFANT BREATHES NORMALLY OR MEDICAL PROFESSIONALS TAKE OVER**

If the infant resumes normal breathing then hold them in the recovery position and monitor their breathing until an ambulance arrives.

**Recovery position**

Cradle the infant in your arms with their head tilted downwards



# First Aid And Cpr For Infants And Children

**Yi-Tong Ma**



## **First Aid And Cpr For Infants And Children:**

*First Aid CPR for Infants and Children* Lorraine, National Safety Council (NSC) Staff, 1998-10      [First Aid and CPR](#)  
National Safety Council, 1997      **First Aid and CPR** National Safety Council, 1993      **Fire Safety Education Resource Directory** Barry Leonard, 1998-10 This compendium of materials will be useful in building and supplementing a public education program for fire safety Lists a wide range of programs videotapes booklets manuals pamphlets brochures program kits and web sites that are available from diverse sources throughout the U S There are 13 categories burn and scald prevention CPR and first aid electrical hazards escape plans and drills fire and the elderly fire extinguishers fire safety and the disabled flammable fabrics residences residential fire inspections and home safety fire safety programs for schools and day care programs smoke detectors and other programs      **CPR for Infants and Children** Gerald M. Dworkin, 1989  
    **"Code of Massachusetts regulations, 1993"** ,1993 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      **First Aid and CPR for Infants and Children** National Safety Council, 1998 Describes common childhood illnesses and injuries and provides instructions for performing first aid      *"Code of Massachusetts regulations, 2003"* ,2003 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      **The Massachusetts register** ,1989      ["Code of Massachusetts regulations, 2008"](#) ,2008 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      **"Code of Massachusetts regulations, 2007"** ,2007 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      *"Code of Massachusetts regulations, 2004"* ,2004 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      ["Code of Massachusetts regulations, 2009"](#) ,2009 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      **"Code of Massachusetts regulations, 2005"** ,2005 Archival snapshot of entire looseleaf Code of Massachusetts Regulations held by the Social Law Library of Massachusetts as of January 2020      [Caring for Your Baby and Young Child, 7th Edition](#) American Academy Of Pediatrics, 2019-09-24 Now in its seventh edition From the American Academy of Pediatrics the most up to date expert advice for mothers fathers and care providers all in one guide All parents want to provide the very best care for their children This essential resource from the most respected organization in child health is the one guide pediatricians routinely recommend Parents can safely trust the guidance which covers everything from preparing for childbirth to toilet training and from breastfeeding to nurturing your child s self esteem Whether it s resolving common childhood health problems or detailed instructions for coping with emergency medical situations this new and revised edition of *Caring for Your Baby and Young Child* has everything you need with information on Basic care from infancy through age five Milestones for physical

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