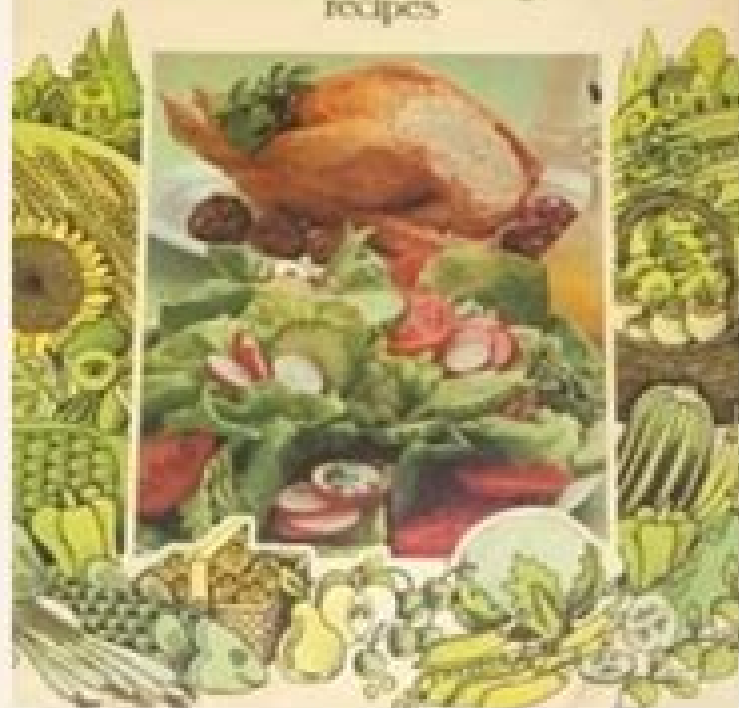


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Good Housekeeping Eating For A Healthy Heart

Jacqueline B. Marcus



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American Book Publishing Record Cumulative, 1950-1977: Title index R.R. Bowker Company. Department of Bibliography, 1978 **Good Housekeeping**, 2007

Culinary Nutrition Jacqueline B. Marcus, 2025-05-15 Culinary Nutrition The Science and Practice of Healthy Cooking Second Edition is one of the first textbooks specifically written to bridge the relationship between food science nutrition and culinology as well as consumer choices for diet health and enjoyment The book uses a comprehensive format with real life applications recipes and color photographs of finished dishes to emphasize the necessity of sustainably deliverable health beneficial and taste desirable products The book includes pedagogical elements to enhance and reinforce learning opportunities explores which foods and beverages involve the optimum nutritional values for dietary and health needs includes specific dietary requirements throughout the lifecycle and examines how foods and beverages are produced The

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