

sciences. This is one way to ensure full participation of behaviorally oriented research in the broad front of profound advances sweeping the life sciences.

One encouraging development is the emergence of departments of behavior in research-oriented schools of medicine. At least four models of orientation can be discerned from the few schools that have created such departments: behavioral biology, human development, behavioral medicine, and social medicine. The intellectual focus of the first type is biological; of the second, psychological; of the third, psychophysiological; and of the fourth, social factors that influence health. Regardless of the perspective chosen, such departments will be most effective if they are thoroughly interdisciplinary and emphasize research methods. Such departments can provide a basic resource for many fields of medicine and a powerful stimulus for research advances in health and behavior.

The importance of creating career pathways is nowhere clearer than in the domain of this report. For example, the dramatic advances in the neurosciences are only beginning to be related to behavior. Every new neuroregulator is a potential index of brain disease. Physiologically oriented scientists are in short supply to undertake the effort of learning how these substances produce their molecular and cellular effects and how the effects influence bodily functions and behavior. The human organism will, in a sense, be constructed scientifically in light of the new molecular and cellular biology. This can be done if there is an ample supply of well-trained, broad-minded neuroscientists interacting effectively with well-trained clinical investigators across the breadth of the biobehavioral sciences. At the other end of the spectrum in the social sciences, there is a need also for a cadre of well-grounded scholars who can pursue implications of various social contexts as these influence health (National Research Council, 1980).

### **Allocation of Resources for Research on Health and Behavior**

The many manifestations of the large burden of illness described in Chapter 2, including the economic costs to society, indicate a great need for research programs to identify behaviors that have adverse health consequences. It is vital to determine what factors contribute to these behaviors and how to prevent or modify behavior in ways that promote health. However, research of any type consumes scarce resources that have alternative uses. Allocation of research dollars necessitates explicit and implicit choices about priorities, costs, and potential benefits of various alternatives.

Comprehensive and accurate data are seldom available on direct and indirect costs of illnesses and the investment in related research (Institute of Medicine, 1981f). Some analysis has been carried out on relative in-

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