

NURSING MNEMONICS & TIPS

HEALTH HISTORY
ASSESSMENT"SAMPLE"

	DESCRIPTION	QUESTIONS TO ASK
S	Symptoms <i>Patient's chief complaints</i>	<i>"What's wrong?" "What brought you to the hospital?"</i>
A	Allergies <i>Seeking to know what type of allergic reaction they experience.</i>	<i>"Are you allergic to anything?" "What happens to you when you use something that you're allergic to?"</i>
M	Medications <i>Prescribed, OTC drugs, herbal meds, etc.</i>	<i>"Are you taking any medications?" "What are you taking the medications for?" "When did you last take your medications?"</i>
P	Past Medical Hx <i>Seeking to know the previous state of health, and previous illnesses</i>	<i>"Have you had this problem before?" "Do you have other medical problems?"</i>
L	Last Oral Intake <i>Seeking what are the last oral intakes of the client.</i>	<i>"When did you last eat or drink anything?" "What was it that you last ate?"</i>
E	Events <i>Events leading up to the illness or injury.</i>	<i>Injury: "How did you get hurt?" Illness: "What led to this problem?"</i>

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In general, do not obtain a detailed history until life-threatening injuries have been identified and therapy has been initiated. The secondary survey is essentially a head-to-toe assessment of progress, vital signs, etc. SAMPLE is often useful as a mnemonic for remembering key elements of the patient's health history.

Health Assessment In Nursing Practice

Sharon Jensen (R. N.)



Health Assessment In Nursing Practice:

Health Assessment for Nursing Practice - E-Book Susan Fickertt Wilson, Jean Foret Giddens, 2012-10-01 NEW Adapting Health Assessment to an Ill Patient chapter explains special techniques for performing a head to toe assessment of a patient in a hospital setting illustrated with a series of new examination photos UNIQUE Case Studies with Clinical Reasoning Questions strengthen your critical thinking skills with algorithms focusing on noticing interpreting and responding NEW and UNIQUE Quality and Safety Competencies for Nurses QSEN tables address assessment competencies related to patient centered care teamwork and collaboration evidence based practice quality improvement safety and informatics Health Promotion for Evidence Based Practice boxes outline new Healthy People 2020 objectives and include thorough discussions of recommendations for health promotion and reducing risk Ethnic Cultural and Spiritual Variations boxes help you anticipate the unique needs of a multicultural patient population Newly combined Health Assessment Across the Life Span unit contains four separate chapters that cover all lifespan content including older adults pregnant patients and infants children and adolescents NEW Synthesis and Application of Health Assessment unit details how to conduct document and adapt the head to toe assessment *Health Assessment in Nursing Practice* Jorge Grimes, 1986 *Health Assessment for Nursing Practice - Pageburst E-Book on VitalSource* Susan F Wilson, Jean Foret Giddens, 2012-10-01 Straightforward easy to understand coverage gives you the knowledge and confidence you need to perform a complete physical examination Clear differentiation between basic skills and advanced procedures or special circumstances helps you pinpoint essential content Unique two column format provides you with a visual distinction between normal and abnormal findings and techniques Vivid color photos walk you step by step through key skills and procedures UNIQUE Concept Overview sections present core concepts in the context of health assessment with discussions on pain oxygenation perfusion tissue integrity motion sensory perception metabolism and intracranial regulation UNIQUE Clinical Reasoning Thinking Like a Nurse boxes explain the thought process of an experienced nurse making a clinical decision to help you gain perspective on clinical judgment and the decision making process UNIQUE Patients with Situational Variations sections address special circumstances or needs for patients in wheelchairs or other limitations and exam variations NCLEX examination style review questions at the end of each chapter help you assess your understanding of the content you need to know to pass the exam NEW Adapting Health Assessment to an Ill Patient chapter explains special techniques for performing a head to toe assessment of a patient in a hospital setting illustrated with a series of new examination photos UNIQUE Case Studies with Clinical Reasoning Questions strengthen your critical thinking skills with algorithms focusing on noticing interpreting and responding NEW and UNIQUE Quality and Safety Competencies for Nurses QSEN tables address assessment competencies related to patient centered care teamwork and collaboration evidence based practice quality improvement safety and informatics Health Promotion for Evidence Based Practice boxes outline new Healthy People 2020 objectives and include thorough discussions of

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Health Assessment for Nursing Practice - Text and Mosby's Nursing Video Skills: Physical Examination and Health Assessment 2e Package Susan Fickertt Wilson, Jean Foret Giddens, Mosby, 2011-06-16

Health Assessment in Nursing Janet Weber, Jane Kelley, 2009-10-01. Now in its Fourth Edition, *Health Assessment in Nursing* is a colorful, user-friendly introductory level health assessment text for RN level students. Targeted to ADN and BSN programs, this text presumes no prior knowledge of health assessment and is part of a suite that includes *Lab Manual to Accompany Health Assessment in Nursing*, *Nurses' Handbook of Health Assessment* and *Weber Kelley's Interactive Nursing Assessment*. For this edition, the COLDSPA mnemonic which guides students through investigation of symptoms has been revised to show specific applications to content in each chapter. A sample application of COLDSPA is presented at the beginning of each chapter's Nursing History section and another accompanies each case study. The Frail Elderly chapter has been streamlined with a stronger focus on the normal variations associated with assessment of elderly clients. Includes DVD-ROM.

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Nursing Health Assessment Sharon Jensen (R. N.),2010 [Applications Manual for](#)

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