# HEAL with AMINO ACIDS and Nutrients

Survive Stress/Anxiety, Pain, Depression, & More Without Drugs— What to Use and When

Billie J. Sahley, Ph.D., C.N.C. Katherine M. Birkner, C.R.N.A., Ph.D. Authors of *Break Your Prescribed Addiction* 

# **Heal With Amino Acids And Nutrients**

Rifat Latifi, Stanley J. Dudrick

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